



Menu Subject to Change

Look for the Gluten Free symbol-these items can be made Gluten Free



Carb Counts listed

Daily Lunch Offerings

Chicken Patty on a Bun
Salad Bar
Grab & Go Sandwiches
Yogurt Parfaits
PBJ Sandwiches
Hot & Fresh Vegetables
Assorted Fresh or Canned Fruit
1% White or Chocolate
Fat-Free White

Students must choose at least **3 of the 5 items listed** to qualify as a Lunch
Meat/Meat Alternative
Vegetable Bread/Roll
Fruit Milk

1 item MUST be 1/2 cup fruit or vegetable

Milk \$0.75

Adult Lunch Price
\$5.00

Entrees are \$2.75 with no fruit or vegetable




Additional entrees may be purchased in addition to your free complete lunch.

This Institution is an equal opportunity provider

Lunch is Free for ALL students!

(*) See Cafeteria Manager for accurate carb counts (*)

Wallenpaupack Area Middle School May 2025 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div>Chicken Patty on a Bun 22 Peas 20 Pears 15</div>	<div>3</div> <div>WG Pancakes Turkey Sausage 1 Hash Browns 24 Peaches 15</div>	<div>4</div> <div>National Cheese Day! Cheeseburger on a Bun 30 Orange Glazed Carrots 10 Nectarine 15</div>	<div>5</div> <div>WG Chicken Strips (*) Green Beans 4 Tangelos 11</div>	<div>6</div> <div>Mozzarella Sticks 32 1/2 cup Marinara Sauce 8 Peas & Carrots 16 Applesauce 15</div>
<div>9</div> <div>Manager's Choice Choice of Fruit & Milk</div>	<div>10</div> <div>Manager's Choice Choice of Fruit & Milk</div>	<div>11</div> <div>National Corn on the Cob Day! WG Pizza 28 Corn on the Cob 14 Applesauce 15</div>	<div>12</div> <div>No School</div>	<div>13</div> <div>Happy Summer-Breakfast Only!</div>
<div>Drive up and grab breakfast & lunch for multiple days for ANYONE 18 and under!</div>		<div>Middle School Manager Shannon Marchetti marchesh@wallenpaupack.org</div> <div>Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557</div>	<div>fns.usda.gov/summer/sitefinder</div> <div></div>	
<div>Grab & Go Distribution 4 pm - 6 pm High School or South Elementary</div>	<div>Monday's & Wednesday's Beginning June 16, 2025 until August 13, 2025</div>	<div></div>		