



Wallenpaupack Area Middle School June 2024 Lunch Menu

Menu Subject to Change

Look for the **Gluten Free** symbol-these items can be made **Gluten Free**

Carb Counts listed in parenthesis ()

Daily Lunch Offerings

- Chicken Patty on a Bun
- Salad Bar
- Grab & Go Sandwiches
- Yogurt Parfaits
- PBJ Sandwiches
- Hot & Fresh Vegetables
- Assorted Fresh or Canned Fruit
- 1% White or Chocolate
- Fat-Free White

Students must choose at least **3 of the 5 items listed**

- to qualify as a Lunch
- Meat/Meat Alternative**
- Vegetable Bread/Roll**
- Fruit Milk**

1 item MUST be 1/2 cup fruit or vegetable

Milk \$0.75

Adult Lunch Price

\$5.00

Entrees are \$2.75 with no fruit or vegetable

Additional entrees may be purchased in addition to your free complete lunch.

This Institution is an equal opportunity provider

Lunch is Free for ALL students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Don't forget, BREAKFAST AND LUNCH are free for all students!</p>	<p>Middle School Manager Shannon Marchetti marchesh@wallenpaupack.org</p> <p>Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org</p>	<p>fns.usda.gov/summer/sitefinder</p>		
<p>3 Chicken Patty on a Bun Glazed Carrots French Fries Peaches</p>	<p>4 WG Pasta with Meat or Cheese Sauce Peas Mixed Fruit</p>	<p>5 WG Pizza Mixed Veggies Grapes</p>	<p>6 Buckhorn Bowl Popcorn Chicken Mashed Potatoes, Corn Cheddar, Gravy</p>	<p>7 Bosco Sticks Marinara sauce Tossed Salad Plums</p>
<p>10 WG Pizza Assorted Fruits & Veggies</p>	<p>11 Hamburger on a Bun Assorted Fruits & Veggies</p>	<p>12 Hot Dog on a Bun Assorted Fruits & Veggies</p>	<p>13 No School</p>	<p>14 Happy Summer-Breakfast Only!</p>
<p>17 Grab & Go Distribution 4pm - 6 pm High School or South Elementary</p>	<p>18 Grab & Go Distribution 4pm - 6 pm High School or South Elementary</p>	<p>Drive up and grab breakfast and lunch for multiple days</p> <p>Anyone 18 and under!</p>		
<p>24 Grab & Go Distribution 4pm - 6 pm High School or South Elementary</p>		<p>26 Grab & Go Distribution 4pm - 6 pm High School or South Elementary</p>		