



Wallenpaupack Area High School April 2025 Lunch Menu

Menu Subject to Change

Look for the Gluten Free symbol-these items can be made Gluten Free



Gluten Free

Carb Counts listed

Daily Lunch Offerings

Homemade Pizza
Chicken Patty on a Bun
Salad Bar
Grab & Go Sandwiches
Yogurt Parfaits
PBJ Sandwiches
Gluten Free Options
Hot & Fresh Vegetables
Assorted Fresh or Canned Fruit
1% White or Chocolate
Fat-Free White

Students must choose at least **3 of the 5 items listed** to qualify as a Lunch **Meat/Meat Alternative**

**Vegetable
Bread/Roll**

**Fruit
Milk**

1 item MUST be 1/2 cup fruit or vegetable



Milk \$0.75

**Adult Lunch Price
\$5.00**

Entrees are \$2.75 with no fruit or vegetable

Additional entrees may be purchased in addition to your free complete lunch.

This Institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31 Chicken & Cheese Quesadillas Roasted Peppers Lettuce & Tomato Salsa & Sour Cream Peaches 15</p>	<p>1 April Fool's Day! Meatloaf Cupcakes Mashed Potato Icing Cherr-ific Salad 14 Fruited Gelatin 25</p>	<p>2 WG Spaghetti & Meatballs Mixed Veggies 14 Tossed Salad Garlic Bread 14 Pineapple 15</p>	<p>3 National Burrito Day! Chicken Burrito 32 Roasted Corn 16 Pears 15</p>	<p>4 International Carrot Day Bosco Sticks Orange Glazed Carrots 10 Carrot Sticks & Ranch Dip Rosy Applesauce 40</p>
<p>7 Brunch for Lunch French Toast Sausage Hash Browns Strawberries</p>	<p>8 Walking Taco (Chips- 18, Taco Meat- 8) Ranchero Carrots Lettuce 1 Tomato 1Cheese Black Bean Salsa Pears 15</p>	<p>9 Loaded Fries Pulled Pork, General Tso chicken or beef Roasted Broccoli French Fries Cherri-ific Salad</p>	<p>10 Buck Bowl WG Popcorn Chicken 13 Gravy 3, Cheddar Cheese, Mashed Potatoes 20 & Corn 19 Rosy Applesauce 40</p>	<p>11 Grilled Cheese 38 Tomato Soup 20 Leafy Green Salad Crackers Peaches 15</p>
<p>14 Hamburger/Cheeseburger Lettuce & Tomato Pierogies & Peas Spring Salad Mix Rosy Applesauce 40</p>	<p>15 National Glazed Ham Day Glazed Ham Sweet Potatoes Sweet & Sour Pasta Salad 15 Pineapple 15</p>	<p>16 National Banana Day WG Chicken Bowtie Noodles 42 Cheese 3 Roasted Broccoli 6 Bananas & Pudding</p>	<p>17 Mozzarella Sticks Marinara Sauce 14 French Fries Chick Pea Salad 19 Peaches 15</p>	<p>18</p>
<p>21 </p>	<p>22 Earth Day Crunchy Fish Taco French Fries Cole Slaw Pineapple Salsa Assorted Grapes</p>	<p>23 National Picnic Day BBQ Chicken Thighs Arugula Lemon Pesto Pasta Salad 45 Corn Watermelon</p>	<p>24 Big Mac Wrap Mixed Veggies 14 Cucumber Slices & Dip Pears 15</p>	<p>25 Brunch for Lunch French Toast Sausage Hash Browns Tangelos 14</p>
<p>28 Blueberry Pie Day Bosco Sticks Cole Slaw 20 Baked Beans 28 Blueberries & Cream</p>	<p>29 Chicken Fries 16 Waffles 14 Peas Pears 15</p>	<p>30 Oatmeal Cookie day Grilled Cheese 38 Tomato Soup 20 Crackers Peaches 15 WG Oatmeal Cookie</p>		<p>High School Manager Dana Anolfo anolfoda@wallenpaupack.org Director of Food Service Heather Fedoryk, RDN fedoryhe@wallenpaupack.org 570-226-4557</p>