




# Wallenpaupack Area South Pre-K Head Start April 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WG Donuts, Fruit, FF Milk 31 Chicken & Cheese Quesadillas Roasted Peppers Lettuce & Tomato Salsa & Sour Cream Peaches 15  String Cheese 6 oz 100% Juice	Bacon/Egg/Cheese Croissant Fruit, Milk 1 <b>April Fool's Day!</b> <b>Buck Bowl</b> WG Popcorn Chicken 13, Gravy 3, Cheddar Cheese, Mashed Potato 20 Steamed Corn 19, Fruited Gelatin 25  WG Cereal FF Milk	WG Bagel/Cream Cheese, Fruit, FF Milk 2 WG Pasta 21 Meat 7 or Cheese Sauce 3 Mixed Veggies 14 Garlic Bread 14 Pineapple 15  WG Soft Pretzel, FF Milk	WG Muffin,, HB Egg, Fruit, FF Milk 3 <b>National Burrito Day!</b> Chicken Nuggets Roasted Corn 16 P ears 15  WG Cookie & FF Milk	Chicken & Biscuits, Fruit, FF Milk 4 <b>International Carrot Day</b> WG Pizza 28 Orange Glazed Carrots 10 Carrot Sticks & Ranch Dip Rosy Applesauce 40  Red Fruited Gelatin 6 oz 100% Juice
Ham & Cheese Muffin, Fruit, FF Milk 7 <b>Brunch for Lunch</b> French Toast Sausage Hash Browns Strawberries  Fruit and FF Milk	Buck McMuffin Ham Egg, Fruit, FF Milk 8 Walking Taco chips- 18, Taco Meat- 8 Ranchero Carrots Lettuce 1 Tomato1Cheese, Sour Cream Black Bean Salsa Pears 15  WG Soft Pretzel, FF Milk	Southwest Breakfast Pizza, Fruit, Milk 9 Bosco Mozzarella Sticks 17 Marinara Sauce 14 Pizza Salad Curly Fries 24 Fruited Gelatin 25  WG Cookie & FF Milk	Creamcicle Parfait, HB Egg, Fruit, Milk 10 <b>Buck Bowl</b> WG Popcorn Chicken 13, Gravy 3, Cheddar Cheese, Mashed Potato 20 Steamed Corn 19 Rosy Applesauce 40  <i>Cheese &amp; Crackers, 6 oz 100% juice</i>	Bacon/Egg/Cheese Croissant, Fruit 11 Grilled Cheese 38 Tomato Soup 20 Leafy Green Salad Crackers Peaches 15  Strawberries FF Milk
WG Donuts, Fruit, FF Milk 14 Chicken Patty on a Bun 36 Pierogies Spring Salad Mix Rosy Applesauce 40  WG Cookie & FF Milk	BLT Breakfast Rice Bowl, Fruit, FF Milk 15 <b>National Glazed Ham Day</b> Glazed Ham Sweet Potatoes Sweet & Sour Pasta Salad 15  String Cheese 6 oz 100% Juice	WG Bagel/Cream Cheese, Fruit, FF Milk 16 <b>National Banana Day</b> WG Chicken Nuggets 35 Bowtie Noodles & Cheese 42 Roasted Broccoli 6 Bananas & Pudding  Fruit and FF Milk	Cheesy Sausage Bake, Fruit, FF Milk 17 <b>No Head Start</b> Stuffed Shells Marinara Sauce 14 Chick Pea Salad 19, Garlic Bread Peaches 15  WG Soft Pretzel, FF Milk	18 
21 	WG Waffles, Fruit, FF Milk 22 <b>No Head Start</b> <b>Earth Day</b> Chicken Nuggets , French Fries Cole Slaw, Pineapple Salsa Assorted Grapes  WG Muffin FF Milk	Breakfast Fried Rice, Fruit, FF Milk 23 <b>National Picnic Day</b> Corn Dog on a Stick Pesto Pasta Salad 45 Corn Watermelon  String Cheese 6 oz 100% Juice	WG Muffin,, HB Egg, Fruit, Milk 24 Mini Corn Dog Nuggets Mixed Veggies 14 Cucumber Slices & Dip Pears 15  Fruit and FF Milk	Ham/Egg/Cheese, Fruit, FF Milk 25 WG Pizza 28 Glazed Carrots 10 Caesar Salad Tangelos 14  WG Cereal FF Milk
Strawberry Parfait Fruit Milk 28 Bosco Mozzarella Sticks 17 Marinara Sauce 14 Cole Slaw 20 Baked Beans 28 Blueberries & Cream  String Cheese 6 oz 100% Juice	Fiesta Beef Breakfast Nachos, Fruit, FF Milk 29 Chicken Fries 16 Waffles 14 Peas Pears 15  Fruit and FF Milk	WG Cinnamon Rolls, Fruit, FF Milk 30 <b>Oatmeal Cookie Day</b> Grilled Cheese 38 Tomato Soup 20 Cracker, Peaches 15 Oatmeal Cookie  WG Cookie & FF Milk		<b>South Elementary Manager</b> 2 GeJa Richards richarge@wallenpaupack.org 570-226-4557 <b>Director of Food Service</b> Heather Fedoryk, RDN fedoryhe@wallenpaupack.org