

**Wallenpaupack Area
North Intermediate School**

Menu Subject to Change



March 2019

Breakfast Meal Prices:
\$1.95
Reduced .30
Milk .50

Daily Breakfast Offerings
Choice of:
Assorted Whole Grain Cereals,
Cereal Bars and Pop Tarts
Breakfast Sandwiches
PBJamwiches
Whole Grain Bagels
WG Muffins
Hard Cooked Eggs
Yogurt Parfait
Assorted Fresh or Canned Fruit
Or Hot Item of the Day
In Addition to:
100% Fruit Juice
1% White, Fat-Free White
Chocolate or Strawberry

*Students MUST select 1/2 cup of
fruit or vegetables daily*

Lunch Meal Prices:
\$2.80
Reduced .40
Milk .50




Adult Lunch Price
\$4.85

Daily Lunch Offerings
Deli Line
Chicken Caesar Salad
Hard Cooked Eggs
Yogurt Parfait
PBJamwiches
Fresh Vegetables
Assorted Fresh or Canned Fruit

In Addition to:
1% White, Fat-Free White, Chocolate
or Strawberry



BUCKHORNS

Mon	Tue	Wed	Thu	Fri
<p><i>Students choose at least 3 of the 5 items listed to qualify as a Lunch, 1 item MUST be 1/2 cup fruit or vegetable:</i></p> <p><i>Meat/Meat Alternative Bread/Roll Milk</i> <i>Vegetable Fruit</i></p> <p><i>Breakfast and Lunch prices for "Paid" students had to increase \$.10 to abide by the "meal price equity" law. This Institution is an equal opportunity provider.</i></p>				
<p>4 Chili/Tortilla Chips Cheddar/Sour Cream Steamed Corn WG Brown Rice WG Mini Corn Muffin Orange Wedges</p>	<p>5 WG Chicken Nuggets Baked Potato Steamed Broccoli Cheese Sauce Peach Slices</p>	<p>6 <i>Apple Crunch Day</i> Toasted Cheese Sandwich Fish Sticks Tomato Soup WG Goldfish Crackers Celery Sticks/Sun Butter Apple Wedges</p> 	<p>7 WG Breaded Chicken Patty on a WG Bun Lettuce/Tomato/Cheese Roasted Redskin Potatoes Steamed Broccoli Cheese Sauce Applesauce/Cinnamon</p> 	<p>1 <i>Dr. Seuss' Birthday</i> Green Eggs and Ham WG French Toast Sticks Apple Juice Orange Wedges</p>
<p>11 Hamburger or Cheese Burger on a WG Bun Romaine/Tomato/Pickles Baked Vegetarian Beans Mixed Vegetables Oven Baked Fries Peach Slices</p>	<p>12 WG Breaded Chicken Mashed Potatoes/gravy Steamed Carrots WG Dinner Roll Cranberry Sauce Applesauce/Cinnamon</p>	<p>13 Meatballs in Red Sauce Rotini Pasta Shredded Mozzarella Tossed Green Salad Italian Bread Slice SideKick Frozen Juice Cup</p>	<p>14 WG Chicken Strips Bowtie Noodles Cheese Sauce Steamed Broccoli WG Dinner Roll Mixed Fruit</p> 	<p>8 Sicilian Pizza Chicken Noodle Soup Veggies: Broccoli, Baby Carrots, Peppers/Dip Fruited Gelatin/Topping</p> <p>15 Wedge Pizza Caesar Salad Teddy Grahams Pear Slices</p>
<p>18 WG French Toast Sticks Baked Ham Slices Home Fries Warm Apple Slices Yogurt with Strawberries</p>	<p>19 WG Popcorn Chicken Romaine Salad with Spinach Couscous Confetti Salad WG Dinner Roll Craisins Fresh Apple</p> 	<p>20 Penne Pasta Meat or Cheese Caesar Salad WG Hot Breadstick Peach Slices</p>	<p>21 Roasted Turkey/Gravy Mashed Potatoes Steamed Corn Cranberry Sauce WG Dinner Roll Ice Cream Cup</p>	<p>22 Stuffed Mozzarella Breadsticks Marinara Sauce Roasted Vegetables Apple Wedges</p>
<p>25 Walking Taco With Tortilla Chips Lettuce/Cheese Diced Tomatoes/Salsa Steamed Corn WG Brown Rice Orange Wedges</p>	<p>26 WG Chicken Nuggets Macaroni & Cheese Fresh Veggies: Broccoli, Peppers, Cucumber/Dip Applesauce/cinnamon</p>	<p>27 Hot Dog or chili dog On a WG bun Hashbrown Patty Baked Vegetarian Beans Baby Carrots/Dip Peach Slices</p>	<p>28 Hamburger or Cheese Burger on a WG Bun Romaine/Tomato/Pickles Steamed Carrots Potato Puffs SideKick Frozen Juice Cup</p>	<p>29 Wedge Pizza Caesar Salad Teddy Grahams Pear Slices</p>