

**Wallenpaupack Area
Middle School**

Menu Subject to Change

Breakfast Meal Prices:

\$1.95
Reduced .30
Milk .50

Daily Breakfast Offerings

Choice of:
Assorted Whole Grain Cereals
Cereal Bars or Pop Tarts
Yogurt Parfait 12oz
Whole Grain Bagels
Whole Grain Muffins
Assorted Fresh or Canned Fruit
Or Hot Item of the Day

In Addition to:

100% Fruit Juice
1% White, Fat-Free White,
Chocolate or Strawberry

*Students MUST select 1/2 cup of
fruit or vegetables daily*

Lunch Meal Prices:

\$3.00
Reduced .40
Milk .50

Adult Lunch Price

\$4.85

Daily Lunch Offerings

Salad Bar
Deli Sandwiches
Chicken Caesar Salad
Yogurt Parfait 16oz
PBJamwiches
Fresh Vegetables
Assorted Fresh or Canned Fruit

In Addition to:

1% White, Fat-Free White,
Chocolate or Strawberry



BUCKHORNS



June 2019

Mon	Tue	Wed	Thu	Fri
	<p>Students choose at least 3 of the 5 items listed to qualify as a Lunch, 1 item MUST be 1/2 cup fruit or vegetable:</p> <p>Meat/Meat Alternative Vegetable Bread/Roll Fruit Milk</p> <p>Breakfast and Lunch prices for "Paid" students had to increase \$.05 to abide by the "meal price equity" law. This Institution is an Equal Opportunity Provider</p>			
<p>3 Hot Dog or Chili Dog on a WG Bun Baked Vegetarian Beans Baked Oven Fries Fresh Veggies and Dip Sidekick Frozen Juice Cup</p>	<p>4 WG Popcorn Chicken Romaine Salad with Baby Spinach Steamed Corn WG Dinner Roll Mandarin Orange Slices</p>	<p>5 WG Rotini Pasta Meat or Cheese Sauce Caesar Salad WG Hot Breadstick Cantaloupe Wedge</p>	<p>6 WG Chicken Strips Bowtie Noodles Cheese Sauce Steamed Broccoli WG Dinner Roll Peach Slices</p>	<p>7 Stuffed Mozzarella Breadsticks Marinara Sauce Roasted Vegetables Apple Wedges</p>
<p>10 Walking Taco with Tortilla Chips Lettuce/Cheese Cup Diced Tomatoes/Salsa Steamed Corn Hashbrown Patty Fresh Grapes</p>	<p>11 WG Chicken Nuggets Baked Potato or Sweet Potato Steamed Broccoli Cheese Sauce WG Dinner Roll Peach Slices</p>	<p>12 Hot Dog or Chili Dog On a WG bun Oven Baked Fries Baked Vegetarian Beans Fresh Veggies and Dip Mixed Fruit</p>	<p>13 WG Breaded Chicken Patty on a WG Bun Romaine/Tomato/Cheese Roasted Redskin Potatoes Steamed Carrots Pineapple Tidbits</p>	<p>14 WG Wedge Pizza Tossed Salad Chicken Noodle Soup WG Teddy Grahams Applesauce/Cinnamon</p> <p><i>first day of SUMMER!</i></p>
<p>17 WG French Toast Sticks Baked Ham Slices Home Fries Warm Apple Slices Orange Wedges</p>	<p>18 Penne Pasta Meat or Cheese Sauce Caesar Salad WG Hot Breadstick Watermelon Slice</p>	<p>19 WG Wedge Pizza Fresh Veggies: Broccoli, Baby Carrots, Peppers/Dip WG Teddy Grahams Peach Slices</p>	<p>20 Teacher-In-Service No School for Pupils</p>	<p>21 Last Day of School Breakfast Served No Lunch Congratulations!</p>
<p>24 HAPPY FATHER'S Day!</p>			<p>27</p>	<p>28</p>