

**Wallenpaupack Area
High School**

Menu Subject to Change

Breakfast Meal Prices:

\$1.95
Reduced .30
Milk .50

Daily Breakfast Offerings

Choice of:
Assorted Whole Grain Cereals
Cereal Bars or Pop Tarts
Breakfast Sandwiches
PBJamwiches
Whole Grain Bagels
Assorted Fresh or Canned Fruit
Or Hot Item of the Day

In Addition to:

100% Fruit Juice
1% White, Fat-Free White
Chocolate or Strawberry

*Students MUST select 1/2 cup of
fruit or vegetables daily*

Lunch Meal Prices:

\$3.00
Reduced .40
Milk .50

Adult Lunch Price

\$4.75

Daily Lunch Offerings

Salad Bar
Grab-N-Go Wraps
Chicken Caesar Salad
Yogurt Parfait
PBJamwiches
Fresh Vegetables
Assorted Fresh or Canned Fruit

In Addition to:

1% White, Fat-Free White,
Chocolate or Strawberry



BUCKHORNS



June 2019

Mon	Tue	Wed	Thu	Fri
	<p>Students choose at least 3 of the 5 items listed to qualify as a Lunch, 1 item MUST be 1/2 cup fruit or vegetable:</p> <p>Meat/Meat Alternative Bread/Roll Milk</p> <p>Vegetable Fruit</p> <p>Breakfast and Lunch prices for "Paid" students had to increase \$.05 to abide by the " meal price equity" law. This Institution is an Equal Opportunity Employer.</p>			
<p>3 Hamburger or Cheese Burger On a WG Bun Romaine/Tomato/Pickles Twister Fries Baby Carrots/Dip Sidekick Frozen Juice Cup</p>	<p>4 Chicken Alfredo with a Twist Tomato & Corn Salad Steamed Broccoli WG Hot Breadstick WG Chocolate Chip Cookie</p>	<p>5 Hot Dog or Chili Dog on a WG Bun Baked Vegetarian Beans Baked Oven Fries Veggies and Dip Cantaloupe Wedge</p>	<p>6 WG Popcorn Chicken Tossed Salad with Spinach Steamed Corn WG Hot Garlic Breadstick Apple Wedges</p>	<p>7 Walking Taco with Tortilla Chips Lettuce/Cheese Cup Diced Tomatoes/Salsa Black Bean Fiesta Salad Watermelon Wedge</p>
<p>10 WG Chicken Nuggets Baked Potato Steamed Broccoli Cheese Sauce WG Dinner Roll Apple Wedges</p>	<p>11 Hot Dog or Chili Dog On a WG Bun Oven Baked Fries Baked Vegetarian Beans Fresh Veggies and Dip Watermelon Slice</p>	<p>12 Penne Pasta Meat or Cheese Sauce Romaine Salad with Spinach and Chic Peas WG Hot Bread Stick Peach Slices</p>	<p>13 WG Breaded Chicken Patty on a WG Bun Romaine/Tomato/Cheese Potato Puffs Steamed Carrots Pineapple Tidbits</p>	<p>14 WG Wedge Pizza Tossed Salad Chicken Noodle Soup WG Teddy Grahams Applesauce/Cinnamon</p> <p><i>first day of</i> SUMMER!</p>
<p>17 WG French Toast Sticks Baked Ham Slices Home Fries Warm Apple Slices Orange Wedges</p>	<p>18 Stuffed Mozzarella Breadsticks Marinara Sauce Roasted Vegetables Mandarin Oranges</p>	<p>19 Wedge Pizza Fresh Veggies: Broccoli, Carrots, Peppers, Dip WG Teddy Grahams Peach Slices</p>	<p>20 Teacher In-Service No School for Pupils</p>	<p>21 Last Day of School Breakfast Served No Lunch Congratulations!</p>
<p>25 HAPPY FATHER'S Day!</p>		<p>28</p>	<p>29</p>	