

**Wallenpaupack Area  
High School**

*Menu Subject to Change*



# February 2018

**Breakfast Meal Prices:**

\$1.95  
Reduced .30  
Milk .50

**Daily Breakfast Offerings**

Choice of:  
Assorted Whole Grain Cereals,  
Cereal Bars and Pop Tarts  
Breakfast Sandwiches  
PBJamwiches  
Whole Grain Bagels  
Assorted Fresh or Canned Fruit  
**Or Hot Item of the Day**

**In Addition to:**

100% Fruit Juice  
1% White, Fat-Free White  
Chocolate or Strawberry

*Students MUST select 1/2 cup of  
fruit or vegetables daily*

**Lunch Meal Prices:**

\$2.85  
Reduced .40  
Milk .50

**Adult Lunch Price**

\$4.55

**Daily Lunch Offerings**

Salad Bar  
Grab-N-Go Wraps  
Chicken Caesar Salad  
Yogurt Parfait  
PBJamwiches  
Fresh Vegetables  
Assorted Fresh or Canned Fruit

**In Addition to:**

1% White, Fat-Free White,  
Chocolate or Strawberry



**BUCKHORNS**

Mon	Tue	Wed	Thu	Fri
			1 WG Popcorn Chicken Romaine Salad With Baby Spinach Craisin Pouch Steamed Corn WG Dinner Roll Fruit Crisp/Topping	2 WG Wedge Pizza Fresh Veggies: Broccoli, Baby Carrots, Cucumbers With Dip Chicken Noodle Soup Apple Wedges
5 WG French Toast Sticks Baked Ham Slices Home Fries Warm Apple Slices Yogurt with Strawberries	6 Chili/Tortilla Chips Cheddar/Sour Cream Steamed Corn WG Brown Rice WG Mini Corn Muffin Orange Wedges	7 Pulled Pork BBQ On a WG Bun Cole Slaw Potato & Cheese Pierogi Sautéed Onions/Peppers Pineapple Tidbits	8 WG Breaded Chicken Mashed Potatoes/gravy Steamed Green Beans WG Dinner Roll Cranberry Sauce Fruited Gelatin/Topping	9 Toasted Cheese Sandwich Tomato Soup WG Goldfish Crackers Celery Sticks with Peanut Butter Applesauce/cinnamon
12 Walking Taco With Tortilla Chips Lettuce/Cheese Diced Tomatoes/Salsa Steamed Corn Hashbrown Patty Peach Slices	13 WG Chicken Nuggets Steamed Broccoli Cheese Sauce Baked Potato WG Dinner Roll Mandarin Oranges	14 Stuffed Mozzarella Breadsticks Marinara Sauce Roasted Vegetables Hot Garlic Breadstick Valentine Ice Cream Cup	15 WG Breaded Chicken Patty on a WG Bun Romaine Leaf Tomato/Cheese/Pickles Oven Baked Fries Mixed Fruit	16 Sicilian Pizza Caesar Salad Craisin Pouch Teddy Grahams Pear Slices
19 Presidents' Day School Closed 	20 WG French Toast Sticks Baked Ham Slices Home Fries Apple Juice Cup Yogurt with Strawberries	21 Meatball Hoagie Shredded Mozzarella Twister Fries Baby Carrots and Dip SideKick Frozen Juice Cup 	22 WG Rotini Pasta Meat or Cheese Sauce Caesar Salad WG Hot Breadstick Peach Slices 	23 WG Wedge Pizza Fresh Veggies: Broccoli, Baby Carrots, Cucumbers With Dip Broccoli & Cheese Soup Apple Wedges
26 Hamburger or Cheese Burger on a WG Bun Romaine /Tomato/Pickles Baked Vegetarian Beans Potato Puffs Mixed Fruit	27 WG Chicken Strips Bowtie Noodles Cheese Sauce Steamed Broccoli WG Dinner Roll Pear Slices	28 Hot Dog or Chili Dog On a WG bun WG Macaroni & Cheese Carrot Sticks/Dip Apple Wedges	<p><i>Students choose at least 3 of the 5 items listed to qualify as a Lunch, 1 item MUST be 1/2 cup fruit or vegetable:</i></p> <p><i>Meat/Meat Alternative</i>      <i>Vegetable</i> <i>Bread/Roll</i>                      <i>Fruit</i></p> <p><i>Milk</i></p> <p><i>Breakfast and Lunch prices for "Paid" students had to increase \$.10 to abide by the "meal price equity" law.</i> <i>This Institution is an equal opportunity employer</i></p> 	