



Wallenpaupack South School
Head Start Breakfast, Lunch & Snack
This Institution is an equal opportunity employer



February 2018

Mon	Tue	Wed	Thu	Fri
			<p>1 Egg Patty on a WG Croissant Orange Wedges, Fat Free White Milk</p> <p align="center">WG Popcorn Chicken Romaine Salad with Spinach Steamed Corn, WG Dinner Roll Craisin Pouch, Fruit Crisp/Topping</p> <p align="center">Animal Crackers</p>	<p>2 WG Rice Krispy Cereal Orange Juice, Fat free White Milk</p> <p align="center">WG Wedge Pizza Fresh Veggies: Broccoli, Baby Carrots, Cucumbers With Dip Chicken Noodle Soup, Fresh Grapes</p> <p align="center">WG Rice Krispy Treat</p>
<p>5 WG Cheerios, Fresh fruit Fat Free White Milk</p> <p>WG French Toast Sticks Baked Ham Slices, Home Fries Warm Apple Slices Yogurt & Strawberries</p> <p align="center">WG Teddy Grahams Apple Juice</p>	<p>6 WG Mini Pancakes Applesauce, Fat Free White Milk</p> <p align="center">Chili/Tortilla Chips Cheddar/Sour Cream Steamed Corn, WG Brown Rice WG Mini Corn Muffin, Orange Wedges</p> <p align="center">Animal Crackers Fat Free White Milk</p>	<p>7 WG Mini Blueberry Muffin Apple Wedges, Fat free White Milk</p> <p align="center">Hot Dog or chili dog on a WG bun Oven Baked Fries Carrot Sticks/Dip, Pineapple Tidbits</p> <p align="center">Mini Blueberry Muffin Fat free White Milk</p>	<p>8 Yogurt with WG Graham Cracker Fresh Fruit, Fat Free White Milk</p> <p align="center">WG Breaded Chicken Mashed Potatoes/gravy Steamed Green Beans, Cranberry Sauce WG Dinner Roll, Fruited Gelatin/Topping</p> <p align="center">American Cheese with WG Crackers Orange Juice</p>	<p>9 Centers Closed Home Visit Day</p> <p align="center"> </p>
<p>12 Centers Closed Home Visit Day</p> <p align="center"> </p>	<p>13 WG Sausage on a Stick Apple Wedges, Fat Free White Milk</p> <p align="center">WG Chicken Nuggets Steamed Broccoli, Cheese Sauce Baked Potato Mandarin Orange Slices</p> <p align="center">WG Cereal Bar Fat Free White Milk</p>	<p>14 WG Corn Flakes Fresh Fruit, Fat free White Milk</p> <p align="center">Stuffed Mozzarella Breadsticks Marinara Sauce Roasted Vegetables Valentine Ice Cream Cup</p> <p align="center">WG PBJ Sandwich Fat Free White Milk</p>	<p>15 Egg Omelet, WG Toast Fresh Grapes. Fat Free White Milk</p> <p>WG Rotini Pasta, Meat or Cheese Sauce Caesar Salad WG Hot Breadstick Peach Slices</p> <p align="center">American Cheese with WG Crackers Orange Juice</p>	<p>16 WG French Toast/Syrup Orange Juice, Fat Free White Milk</p> <p align="center">Sicilian Pizza Caesar Salad, Craisin Pouch Teddy Grahams Fresh Grapes</p> <p align="center">WG Goldfish Crackers Grape Juice</p>
<p>19 Presidents' Day School Closed</p> <p align="center"> </p>	<p>20 WG Corn Flakes Fresh Fruit, Fat free White Milk</p> <p>WG French Toast Sticks Baked Ham Slices, Home Fries Apple Juice Cup Yogurt & Strawberries</p> <p align="center">WG PBJ Sandwich Fat Free White Milk</p>	<p>21 Egg Patty on a WG Croissant Orange Juice, Fat free White Milk</p> <p>Meatballs in Red Sauce with Rotini Pasta Shredded Mozzarella Tossed Green Salad Italian Bread Slice SideKick frozen juice cup</p> <p align="center">WG Rice Krispy Treat Fat free White Milk</p> <p align="center"> </p>	<p>22 Yogurt with WG Graham Cracker Fresh Fruit, Fat Free White Milk</p> <p>WG Breaded Chicken Patty on a WG Bun Romaine Leaf/Tomato/Cheese/Pickles Oven Baked Fries Mixed Fruit</p> <p align="center">Yogurt Grape Juice</p>	<p>23 WG Cereal Bar Fresh Fruit, Fat Free White Milk</p> <p align="center">WG Wedge Pizza Fresh Veggies: Broccoli, Baby Carrots, Cucumbers With Dip Broccoli & Cheese Soup Apple Wedges</p> <p align="center">WG Graham Cracker Fat free White Milk</p>
<p>26 WG Mini Pancakes Applesauce, Fat Free White Milk</p> <p>Hamburger on a WG Bun Baked Vegetarian Beans Potato Puffs, Mixed Fruit</p> <p align="center">WG Teddy Grahams Fat Free White Milk</p>	<p>27 Egg Omelet, WG Toast Orange Wedges, Fat Free White Milk</p> <p align="center">WG Chicken Strips Bowtie Noodles with Cheese Sauce Steamed Broccoli Pears Slices</p> <p align="center">WG Goldfish Crackers Apple Juice</p>	<p>28 WG Bagel with Jelly Applesauce, Fat Free White Milk</p> <p>Hot Dog or Chili Dog on a WG bun WG Macaroni & Cheese Carrot Sticks/Dip Apple Wedges</p> <p align="center">WG Bagel with Jelly Fat Free White Milk</p>		