

**Wallenpaupack Area  
North Primary School**

*Menu Subject to Change*



# December 2018

**Breakfast Meal Prices:**  
\$1.95  
Reduced .30  
Milk .50

**Daily Breakfast Offerings**  
Choice of:  
Assorted Whole Grain Cereals,  
Cereal Bars and Pop Tarts  
Breakfast Sandwiches  
PBJamwiches  
Whole Grain Bagels  
Assorted Fresh or Canned Fruit  
**Or Hot Item of the Day**

**In Addition to:**  
100% Fruit Juice  
1% White, Fat-Free White, Chocolate  
or Strawberry

*Students MUST select 1/2 cup of  
fruit or vegetables daily*



**Lunch Meal Prices:**  
\$2.95  
Reduced .40  
Milk .50  
**Adult Lunch Price**  
\$4.75

**Daily Lunch Offerings**  
Salad Bar  
Grab-N-Go Wraps  
Chicken Caesar Salad  
Yogurt Parfait  
PBJamwiches  
Fresh Vegetables  
Assorted Fresh or Canned Fruit

**In Addition to:**  
1% White, Fat-Free White,  
Chocolate or Strawberry



**BUCKHORNS**

Mon	Tue	Wed	Thu	Fri
<p><i>Students choose at least 3 of the 5 items listed to qualify as a Lunch, 1 item MUST be 1/2 cup fruit or vegetable:</i></p> <p><i>Meat/Meat Alternative Bread/Roll Milk</i>  <i>Vegetable Fruit</i></p> <p><i>Breakfast and Lunch prices for "Paid" students had to increase \$.10 to abide by the "meal price equity" law. This Institution is an equal opportunity provider</i></p>				
<p><b>3 Chicken Parmesan</b> on a WG Bun Twister Fries Steamed Carrots Mixed Fruit</p>	<p><b>4 Rotini Pasta</b> Meat or Cheese Sauce Toss Salad with Spinach Protein Packed Chic Peas Hot Breadstick Peach Slices</p>	<p><b>5 Taco, Choice of</b> Hard or Soft Shell Lettuce/Cheese Diced Tomatoes/Salsa Steamed Corn Steamed WG Rice Gala Apple</p>	<p><b>6 Hot Dog or Chili Dog</b> On a WG bun Oven Baked Fries Baked Vegetarian Beans Carrot Sticks/Dip Pear Slices</p>	<p><b>7 WG Wedge Pizza</b> Toss Salad With Spinach and Protein Packed Chic Peas Vegetable Soup Apple Wedges</p>
<p><b>10 French Toast Sticks</b> Sausage Patty Warm Apple Slices/Syrup Home Fries Apple or Orange Juice Cup</p>	<p><b>11 WG Chicken Nuggets</b> Steamed Green Beans Baked Potato WG Dinner Roll Mandarin Orange Slices</p>	<p><b>12 Penne Pasta</b> Meat or Cheese Sauce Toss Salad with Spinach Protein Packed Chic Peas Hot Breadstick Peach Slices</p>	<p><b>13 Roasted Turkey/Gravy</b> Mashed Potatoes Steamed Corn Cranberry Sauce WG Dinner Roll Candy Cane Ice Cream Cup</p>	<p><b>14 Chicken Alfredo</b> with a Twist Steamed Broccoli Hot Garlic Breadstick Grapes</p>
<p><b>17 Walking Taco</b> With Tortilla Chips Lettuce/Cheese Diced Tomatoes/Salsa Steamed Corn Steamed Rice Apple Wedges</p>	<p><b>18 WG Chicken Strips</b> Bowtie Noodles Cheese Sauce Steamed Broccoli WG Dinner Roll Mixed Fruit</p>	<p><b>19 Hot Dog or chili dog</b> On a WG bun Oven Baked Fries Baked Vegetarian Beans Carrot Sticks/Dip Pear Slices</p>	<p><b>20 Mini Pancakes/Syrup</b> Hashbrown Patty Vanilla Yogurt Sliced Strawberries Apple or Orange Juice Cup</p>	<p><b>21 WG Wedge Pizza</b> Broccoli Cheese Soup Veggies: Broccoli, Baby Carrots, Peppers/Dip Applesauce/Cinnamon</p>
<p><b>24 Christmas Recess</b> School Closed</p>	<p><b>25 Christmas Recess</b> School Closed</p>	<p><b>26 Christmas Recess</b> School Closed</p>	<p><b>27 Christmas Recess</b> School Closed</p>	<p><b>28 Christmas Recess</b> School Closed</p>
<p><b>31 Christmas Recess</b> School Closed</p>	<p></p>			



**Happy  
Holidays!**

