

# *Wallenpaupack Area School District*

## **COURSE:** Parenting & Family Life Studies

**GRADE LEVEL:** Tenth, Eleventh and Twelfth

**LENGTH OF COURSE:** 1 semester

**TEXT:** Children: The Early Years

**PUBLISHER:** The Goodheart-Wilcox Company, Inc.

**COPYRIGHT:** 2004

### **COURSE DESCRIPTION:**

Parenting/Family Life Studies is designed to prepare the student for successful family living. The course will help the student acquire the skills and knowledge needed to prevent and solve common problems faced by individuals and families in the context of their emerging lives. The student will study parenting skills, the role of a parent, readiness for parenthood, prenatal development and care, caring for children, play and children and safety of children. The hands-on "World of Small Wonders" program is a part of this course. The course is recommended to all students who will be dealing with children in any capacity throughout their lives.

### **CURRICULUM WRITING TEAM:**

Barbara S. Dyson

### **DATE OF REVISION:**

2007

# Wallenpaupack Area School District

**Course:** Parenting/Family Life Studies

**Grade Level:** 10, 11 & 12

**Unit:** Development and Implementation of the World of Small Wonders Program

**PA Standards:** 11.2.12.A  
11.2.12.D  
11.2.12.H  
11.4.12.B  
11.4.12.C  
11.4.12.D  
11.4.12.E

<p><b>Topics:</b></p> <p>Characteristics of Working with Children Developmentally Appropriate Programs and developmentally Inappropriate Programs Planning Learning Centers Creating Rules &amp; Teaching Self-control</p>	<p><b>Skills:</b></p> <p>Students will design and implement environments and materials which are developmentally appropriate for the World of Small Wonders Program Students will recognize the importance of learning centers Students will recognize rules for behavior and self-control</p>
<p><b>Activities:</b></p> <p>After explaining the characteristics of developmentally appropriate programs, students will design and implement preschool activities/lessons based on theme. Projects will include:     Lesson plans based on group theme     Opening/Closing activities     Center-based activities.     Samples and materials for completion of all activities in the WOSW program.</p>	<p><b>Performance Assessments:</b></p> <p>Rubric for lesson plans &amp; projects Rubric for running WOSW program Classroom discussion. Completed homework Test/Quizzes</p>

# Wallenpaupack Area School District

**Course:** Parenting/Family Life Studies

**Grade Level:** 10, 11 & 12

**Unit:** Concerns of Children and Families

**PA Standards:** 11.2.12.B  
11.2.12.C  
11.2.12.F  
11.2.12.H  
11.4.12.C  
11.4.12.D  
11.4.12.E

<p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>Sibling Relationships</li> <li>Parental Employment</li> <li>Coping with Family Moves</li> <li>Coping with Death</li> <li>Coping with Divorce</li> <li>Single Parenting</li> <li>Remarriage and Stepparenting</li> <li>Teens as Parents</li> <li>"Baby Think It Over"</li> <li>Child Neglect and Abuse</li> <li>Resources for Children in Crises</li> </ul>	<p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>Students will understand how to balance family and work demands.</li> <li>Students will understand the pros and cons of single parenting.</li> <li>Students will complete a budget for estimated infant expenses.</li> <li>Students will complete BTIO and understand the demands of newborns.</li> <li>Students will understand the demands of teenagers as parents.</li> <li>Students will be able to identify the difference between neglect and abuse and identify community resources for help.</li> </ul>
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>Worksheet on effects of birth order</li> <li>Discuss and analyze effects of parental employment on family/household</li> <li>Analyze loss of income</li> <li>Discuss/analyze checking accounts and balancing budget</li> <li>how moving effects children/teens</li> <li>how to explain death to children</li> <li>how to explain divorce to children</li> <li>Teens as Parents</li> <li>Discuss financial concerns</li> <li>Discuss loss of income/worksheet</li> <li>Analyze positive/negative aspects</li> <li>BTIO – complete project</li> <li>Videos: "Loss of Innocence", Too Soon For Jeff", "Oprah: Baby Think It Over program</li> </ul>	<p><b>Performance Assessments:</b></p> <ul style="list-style-type: none"> <li>Worksheets on parents as managers.</li> <li>Completed budget for newborn expenses.</li> <li>Complete a worksheet on foregone expenses.</li> <li>Reports on BTIO</li> <li>Classroom discussion</li> <li>Completed homework</li> <li>Chapter test</li> </ul>

# Wallenpaupack Area School District

**Course:** Parenting/Family Life Studies

**Grade Level:** 10, 11 & 12

**Unit:** Families Today

**PA Standards:** 11.2.12.A  
 11.2.12.B  
 11.2.12.C  
 11.2.12.E  
 11.2.12.F  
 11.2.12.G  
 11.2.12.H  
 11.4.12.B  
 11.4.12.C  
 11.4.12.D

<b>Topics:</b>	<b>Skills:</b>
<ul style="list-style-type: none"> <li>Changes Affecting Families Today</li> <li>Changes in Family Roles</li> <li>Family Types</li> <li>Family Life Cycle</li> <li>Roles of Parents</li> <li>Parenting Styles</li> <li>Characteristics of Healthy Families</li> <li>Cultural Influences on Families</li> </ul>	<ul style="list-style-type: none"> <li>Students will be able to compare and contrast positive and negative family characteristics and influences</li> <li>Students will compare and contrast the roles of parents and their influence on children(s) and development</li> </ul>
<b>Activities:</b>	<b>Performance Assessments:</b>
<ul style="list-style-type: none"> <li>Students will evaluate the demands of families and how changes affect family structure</li> <li>Students will evaluate and understand different family types (Two-Parent, Single-Parent, Extended, etc.)</li> <li>Students will evaluate how parental roles help with socialization, nurturing, guidance and discipline</li> <li>Students will evaluate parenting styles.</li> <li>Students will evaluate healthy family characteristics</li> <li>Students will evaluate cultural differences and how they affect family structure and shape the individual</li> </ul>	<ul style="list-style-type: none"> <li>Classroom discussion.</li> <li>Completed homework</li> <li>Quizzes/Tests</li> </ul>

# Wallenpaupack Area School District

**Course:** Parenting/Family Life Studies

**Grade Level:** 10, 11 & 12

**Unit:** Prenatal Development and the Newborn

**PA Standards:** 11.2.12.A  
 11.2.12.D  
 11.2.12.E  
 11.2.12.F  
 11.2.12.H  
 11.4.12.B  
 11.4.12.C  
 11.4.12.D

<b>Topics:</b>	<b>Skills:</b>
Preparing for Parenting Learning Parenting Skills Reasons for Choosing/Not Choosing Parenthood How Children affect Relationships Family Planning Infertility and Sterility	Students will identify reasons for choosing or not choosing parenthood. Students will identify reasons for family planning. Students will identify hazards affecting prenatal development Students will identify birth defects and how they are caused/avoided Students will identify changes in family structure when children are born.
<b>Activities:</b>	<b>Performance Assessments:</b>
Students will analyze heredity (genes, chromosomes) Students will research hazards and the unborn baby Students will research birth defects Students will evaluate parenthood choices Students will evaluate the pros and cons of family planning	Students will develop a brochure/poster on various birth defects. Completing handouts with videos Classroom discussion Completed homework Quizzes/Tests

# Wallenpaupack Area School District

**Course:** Parenting/Family Life Studies

**Grade Level:** 10, 11 & 12

**Unit:** Prenatal Development and the Newborn

**PA Standards:** 11.2.12.A  
 11.2.12.B  
 11.2.12.C  
 11.2.12.D  
 11.2.12.F  
 11.4.12.A  
 11.4.12.B  
 11.4.12.C  
 11.4.12.D

<b>Topics:</b>	<b>Skills:</b>
Pregnancy Prenatal Care and Childbirth The Newborn	Students will identify signs of pregnancy Students will identify stages of pregnancy and fetal development Students will identify healthy and unhealthy practices during pregnancy. Students will identify stages of childbirth. Students will identify medical and non-medical professionals assisting with development and birth.
<b>Activities:</b>	<b>Performance Assessments:</b>
Videos: "Conception to Birth" "The Miracle of Life" Students will make posters showing the three stages of pregnancy Students will make brochures on the five needs of pregnant women (Health, Emotional, Physical, Nutrition, Medical) Students will evaluate signs of pregnancy Students will evaluate the unborn baby's environment Students will evaluate the role of the family during pregnancy/birth Video: "Ready for Baby" Students will evaluate different and birthing options and medications Video "Joy of Natural Childbirth" Students will evaluate hospital care, birthing and postpartum care	Prenatal pamphlets Prenatal posters Completing video handouts Class discussion Completed homework. Quizzes/Tests