

Wallenpaupack Area School District

Course: Health

GRADE LEVEL: Grade 2

LENGTH OF COURSE:

TEXT:

PUBLISHER:

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COURSE DESCRIPTION:

The Wallenpaupack Primary Health Curriculum is designed to present a comprehensive health program that will help children value personal health, make healthy personal choices, and thereby promote a healthy lifestyle.

AREAS OF STUDY:

Family and Social Health
Growth and Development
Nutrition, Exercise and Fitness
Disease, Disorders and HIV/AIDS
Safety and First Aid
Consumer and Community Health
Mental Health and Drug Prevention

CURRICULUM WRITING TEAM:

DATE OF REVISION:

2003

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: States of Growth and
Development/Interaction of
Body Systems

PA Standard: 10.1.3
10.2.3

Topics: Human growth and development	Skills: Students identify ways boys and girls develop emotionally and physically as second graders Identify, locate, and understand the importance of bones and muscles and the work of their systems Identify and know the location and function of the circulatory, respiratory and digestive systems
Activities: Recognize and identify differences through student participation and teacher led discussion Trade books Skeletal poster with removable parts Vocabulary sheets Health-flash booklets	Performance Assessment: Participation in group activity and discussion Completion of activity worksheets Teacher observation

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: States of Growth and Development

PA Standard: 10.1.3

Topics: Major internal body parts and function of each	Skills: Identify, locate and understand the function of major internal body organs (i.e., brain, heart, liver, stomach, lungs, small and large intestines)
Activities: Trade books Posters Organ vest Activity worksheets Group project Hands-on activity	Performance Assessment: Teacher observation Active participation in group activity and discussion Completion of activity work sheet

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: Drug Awareness & Prevention

PA Standard: 10.1.3

Topics: Drug Education Decision-making Self-esteem	Skills: To distinguish between food, poisons, medicines and illicit drugs To identify illegal drugs and understand how they harm the body Recognize the health effects of alcohol, tobacco and other drugs To develop skills necessary to remain drug-free, for example, refusal, assertiveness, and self-esteem skills To identify adults they can rely on for help To know that making healthy choices may not always be popular with friends To know how to express their feelings in a positive way To recognize that there are good and bad consequences from the choices they make
Activities: Drug prevention vocabulary Body chart with body organs Categorize legal and illegal drugs	Performance Assessment: Activity worksheet evaluation Participation in class activities

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: Tobacco

PA Standard: 10.1.3
10.2.3

Topics: Tobacco	Skills: Identify the harmful effects of tobacco on the body organs Develop the skills necessary for resisting tobacco To understand that tobacco is an addictive substance and is a bad habit To recognize the fact that many children live with adults who are dependent on tobacco products
Activities: "What Drugs Do" from Here's Looking at You Trade books Activity worksheets Role-playing puppet scenarios Role-play refusal skills Videos	Performance Assessment: Teacher observation Participation in discussion and role-playing scenarios Small group hands-on scenarios Evaluation of activity worksheets

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: Alcohol

PA Standard: 10.1.3
10.2.3

Topics: Alcohol	Skills: Demonstrate current alcohol knowledge and the effects of alcohol on the body Recognize that many children live with alcohol-dependent family members and experience mixed emotions Demonstrate skills for resisting alcohol and other harmful drugs Learn where to go for help in dealing with alcoholics
Activities: Trade books Activity worksheets Videos Puppetry Role-playing scenarios Discussion	Performance Assessment: Teacher observation Participation in discussion and role-playing scenarios Activity worksheets

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: Chemical substances

PA Standard: 10.1.3
10.2.3

Topics: Poisons and inhalants	Skills: To know the harmful effects of common, but misused products, such as, spray paints, glue, white out, and other inhalants to their bodies Distinguish between harmful and helpful products to help prevent unintentional poisonings Reinforce the recognition of the universal poison symbol Learn where to seek help in the event of poisoning
Activities: Pictures and labels of products (cards) Activity worksheets Trade books Puppets for role-playing Materials and stickers from the Poison Control Center	Performance Assessment: Participation in class discussion Completed activity worksheets Role-playing puppet scenarios

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: Nutrition

PA Standard: 10.1.3

Topics: Nutrition	Skills: Students identify food groups in the food guide pyramid Students learn the number of servings necessary for a healthy diet Students identify the healthy and non-healthy foods and the importance of variety and moderation in their diets
Activities: Food guide pyramid poster American Dairy Council booklets Food picture cards Work sheets Well-balanced meal project Video on the food guide pyramid Trade books Healthy snacks	Performance Assessment: Teacher observation Class discussion and participation Cooperative small group project Small group sharing of project completed

Wallenpaupack Area School District

Course: Health

Grade Level: Grade 2nd

Unit: Health Problems and
Disease Prevention

PA Standard: 10.1.3
10.2.3

Topics: Health problems of children and infectious diseases	Skills: Identify types and causes of common health problems of children Identify personal healthy practices that prevent the spread of disease
Activities: Semantic map categorizing diseases and causes Comparison lists of communicable and non-communicable diseases Flash cards Puzzles Read trade books Basic research disease paper	Performance Assessment: Teacher observation Class discussion and participation Individual research paper presentations