



WALLENPAUPACK AREA HIGH SCHOOL

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May 29, 2020

Dear Wallenpaupack Parent & Student,

In these difficult times, it is hard to plan for the unknown. I want to ensure that every student wanting to participate in a sport at Wallenpaupack can do so. In order for that to happen, students in grades 7 -12 must be eligible by the standards set forth by the Pennsylvania Interscholastic Athletic Association, or PIAA. Eligibility is based on many things including grades, age, absences, etc. One of the most important components of eligibility is the CIPPE, or the PIAA physical exam. Physicals may be obtained from your primary care physician or our school physician.

Any student who wishes to play a sport for a Wallenpaupack team, must have a current physical dated after June 1, 2020. In our present situation with COVID-19, the Athletic Department has organized a schedule for physicals to be given by our school physician, free of charge, on July 7th - 10th. (The specific schedule, organized by sport, is on page two of this letter.) Physicals will be given in the Athletic Hallway, using Door Number 25 and utilizing the locker room, the training room and the hallway for social distancing guidelines and other procedures that will be in place at that time. **I am encouraging any student who wishes to play any sport throughout the year, to have his or her physical exam done during this time.** I am unsure how available primary care physicians will be throughout this year and want to give everyone this opportunity.

To attain a physical, you must fill out the CIPPE form which can be found on another attachment to this email or on our high school website. Bring your completed form to the high school on the assigned day of your teams' physicals. It is important to have signatures from both the student-athlete as well as the parent. If paperwork is not signed correctly, the physical cannot be processed. If you wish to have your own primary care physician complete the physical, you must bring the form to your physician, have them fill it out, and return it to the Athletic Office in the high school.

In addition to filling out paperwork for a physical, I am going to ask that students reach out to coaches to do an informal "sign up" for the sport they wish to play. Coaches will have a tentative list of possible athletes and can inform our student-athletes of activities that may improve skills and help everyone's chances of playing on the team. (A list of sports and coaches' contact information can be found on page three of this letter.) When reaching to coaches, please, include your **NAME, GRADE** in 2020, and a **CONTACT** phone number or email, where you can be reached.

I am hopeful that we will have athletic seasons, but realistic about the ways in which we will need to work together to make athletic competition safer for our students in this pandemic. As our governor's orders and phases may change for our area, I, too, may need to adjust our plan for physicals, athletic events, and practices. If we need to adjust this plan, I will post information to our website, and will reach out to you again. If you have any questions, you may send them to my email address. I look forward to seeing many of you next year! GO BUCKHORNS!

Sincerely,

Ann Marie Simons, RAA
Wallenpaupack Athletic Director

Please, plan on attending physicals at the scheduled date and time below:

Date	Level	Sport	Season	Time
July 7, 2020	Varsity	Football	Fall	8:00
July 7, 2020	JH (Grades 7-9)	Football	Fall	9:15
July 7, 2020	Varsity	Boys Golf	Fall	11:00
July 7, 2020	JH (Grades 7-9)	Boys Golf	Fall	11:15
July 7, 2020	Varsity & JH	Boys Cheer	Fall/Winter	11:30
July 8, 2020	Varsity	Boys Soccer	Fall	8:00
July 8, 2020	JH (Grades 7-8)	Boys Soccer	Fall	8:30
July 8, 2020	Varsity	Boys Cross Country	Fall	9:15
July 8, 2020	JH (Grades 7 – 9)	Boys Cross Country	Fall	9:45
July 8, 2020	Varsity & JH	Girls Cheer	Fall	10:15
July 8, 2020	Varsity & JH	Girls Cross Country	Fall	10:45
July 8, 2020	Varsity	Tennis	Fall	11:00
July 8, 2020	JH (Grades 7-8)	Tennis	Fall	11:30
July 9, 2020	Varsity	Girls Soccer	Fall	8:00
July 9, 2020	JH (Grades 7 – 8)	Girls Soccer	Fall	8:30
July 9, 2020	Varsity	Girls Field Hockey	Fall	9:00
July 9, 2020	JH (Grades 7-8)	Girls Field Hockey	Fall	9:30
July 9, 2020	Varsity	Girls Swim	Winter	10:00
July 9, 2020	Varsity	Boys Swim	Winter	10:30
July 9, 2020	Varsity	Boys Basketball	Winter	11:00
July 9, 2020	JH (Grades 7 – 9)	Boys Basketball	Winter	11:30
July 10, 2020	Varsity	Wrestling	Winter	8:00
July 10, 2020	JH (Grades 7 – 9)	Wrestling	Winter	8:30
July 10, 2020	Varsity	Girls Basketball	Winter	9:00
July 10, 2020	JH (Grades 7 – 9)	Girls Basketball	Winter	9:30
July 10, 2020	Varsity	Unified Bocce	Winter	10:00
July 10,2020	Varsity	Unified Track & Field	Spring	10:15
July 10, 2020	Varsity & JH	Boys Tennis	Spring	10:45
July 10, 2020	Varsity & JH	Baseball	Spring	11:00
July 10, 2020	Varsity & JH	Boys Track	Spring	11:00
July 10, 2020	Varsity & JH	Girls Track	Spring	11:30
July 10, 2020	Varsity & JH	Softball	Spring	11:30

Sport Contact List

The following chart displays the sport and contact information for you to use to reach out to the coach of your chosen sport. If you would like to participate in more than one sport, reach out to multiple coaches.

Sport	Levels/Grades	Coach	Contact Information
Baseball	Grades 7 - 12	Mr. Schmalzle	schmalhe@wallenpaupack.org
Basketball (Boys)	Grades 7 - 12	Mr. McGinnis	mcginnja@wallenpaupack.org
Basketball (Girls)	Grades 9 - 12	Mrs. Pierce	pierceal@wallenpaupack.org
	Grades 7 - 8	Ms. Simons	simonsbr@wallenpaupack.org
Cheer	Grades 7 - 12	Mr. Branch	2021cheer@wallenpaupack.org
Cross Country (B & G)	Grades 10 - 12	Mr. Brown	brownst@wallenpaupack.org
	Grades 7 - 9	Mr. Bronson	bronsosh@wallenpaupack.org
Field Hockey	Grades 9 - 12	Ms. Skinner	skinneel@wallenpaupack.org
	Grades 7 - 8	Mrs. Miller	millerma@wallenpaupack.org
Football	Grades 10 - 12	Mr. Watson	watsonma@wallenpaupack.org
	Grade 9	Mr. Spoor	spoorle@wallenpaupack.org
	Grades 7-8	Mr. Lenz	lenzaa@wallenpaupack.org
Golf (B & G)	Grades 7 - 12	Mr. Simons	simonsan@wallenpaupack.org
Soccer (Boys)	Grades 7 - 12	Mr. Bonagura	paupacksoccer@yahoo.com
Soccer (Girls)	Grades 9 - 12	Ms. Sodano	sodanoal@wallenpaupack.org
	Grades 7 - 8	Mrs. Bonagura	bonaguer@wallenpaupack.org
Swim (B & G)	Grades 9 - 12	Mrs. Campbell	campbest@wallenpaupack.org
Tennis (B & G)	Grades 7 - 12	Mr. Doty	dotych@wallenpaupac.org
Track & Field (B & G)	Grades 10 - 12	Mr. McHugh	mchughma@wallenpaupack.org
	Grades 7 - 9	Ms. Davis	davisbr@wallenpaupack.org
Unified Bocce (B & G)	Grades 9 - 12	Ms. Baton	batonje@wallenpaupack.org
Unified Track (B & G)	Grades 9 - 12	Ms. Schkolenko	schkloka@wallenpaupack.org
Wrestling (B & G)	Grades 10 - 12	Mr. Krushnowski	krushnst@wallenpaupack.org
	Grades 7 - 9	Mr. Hirschler	hirschth@wallenpaupack.org