

Wayne County Prevention Education Services

Wayne County Drug and Alcohol Commission

Presents

Guiding Good Choices

a five-session program for
parents of children in grades 4-8 (ages 9-14).

April 15, 22, 29, May 6, and May 8, 2014

6:00 PM- 8:30 PM

Wayne Highlands Middle School
(Refreshments will be served.)

This free five-session workshop will cover:

- *the extent of the drug problem among adolescents*
- *how to develop clear family guidelines and expectations for your children*
- *teaching preteens and teens important skills for staying out of trouble and keeping their friends while still having fun*
- *managing family conflict in a way that maintains and strengthens bonds with your children*
- *increasing your children's involvement in your family during the teen years*
- *how to create a parent support network*



To support our efforts and the efforts of our community's parents The Great Wolf Lodge has graciously offered a one night stay for a family of four to one participant who completes all program sessions in full. The Wayne County Drug and Alcohol Commission reserves the right to cancel or reschedule this program at its discretion.

TO REGISTER email cemyers@co.wayne.pa.us or call 570-253-6022 from 8:00 to 4:00 PM and plan on learning how to prepare yourself and your child for their teenage years!

REGISTRATIONS WILL BE ACCEPTED THROUGH FRIDAY, APRIL 11, 2014.

Babysitting Services WILL BE available during these sessions.