WALLENPAUPACK AREA SCHOOL DISTRICT

COMMUNITY EDUCATION PROGRAMS



SPRING 2015

The Wallenpaupack Area School District will provide accommodations for any person who is in need of additional services while participating in the Community Education Program.

WALLENPAUPACK AREA SCHOOL DISTRICT COMMUNITY EDUCATION PROGRAM

SPRING 2015

The Wallenpaupack Area School District announces its Community Education Program of activities and classes. The following programs will be included:

Recreation, Special Events and Personal Enrichment Programs

COME AND JOIN US THIS SPRING FOR LEARNING, RECREATION AND ENJOYMENT FOR EVERYONE!

Registration will be done by mail only. You may begin mailing in your registration forms and checks on February 9, 2015. Registration will end on March 2, 2015. Additional registration forms may be obtained by visiting our website at www.wallenpaupack.org.

Registration fee is payable at time of registration and varies with the type and duration of class offered. Consult listings for schedule and details. Enrollments are limited in certain courses because of the nature of instruction. Classes with insufficient enrollment will not operate and registration fees will be returned.

You will be notified **ONLY IF A CLASS IS CANCELLED.** If you are not notified from the Community Education Office, come to the class(es) for which you have registered.

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The Wallenpaupack Area School District will provide accommodations for any person who is in need of additional services while participating in the Community Education Program.

WALLENPAUPACK AREA SCHOOL DISTRICT PURPLE AND WHITE CARD

Wallenpaupack Area School District proposes to offer **residents** of the school district, **62 years of age or older**, a Purple and White Card. Cardholders would be entitled to free general admission to any Wallenpaupack Area School District athletic event and most fine arts or other school district-sponsored activities, at the discretion of the event sponsor. The card is only valid at events sponsored on school properties or facilities and cannot be used at play-off games.

To apply, residents need to contact Mrs. Pauline Savage at the Administrative Office of Wallenpaupack Area School District in writing, by e-mail at savagepa@wallenpaupack.org, or by calling **570-226-4557 ex.3000**. A purple and white plastic card with the applicants name and date of issue will be created by an administrative assistant and then mailed by central administration. A record of resident's name and address will be kept in the district's database for future reference.

BE A TEACHER ~ SUGGEST A COURSE

We welcome suggestions for new courses and are always searching for individuals qualified to teach a non-credited course. If you have a skill, talent or special knowledge you would like to share, we would appreciate hearing from you!

Call Pauline Savage at (570) 251-3000 or via E-Mail at: savagepa@wallenpaupack.org

PERSONAL ENRICHMENT



100 - 114

100 - Basic Dog Obedience

This is an introduction to basic obedience principles for both dog and handler. Bring a leash, treats and water for your pet. Dogs of all ages are welcome.

Minimum 5 – Maximum 12

Mondays: April 20th thru May 18th 6:15 – 7:15pm

Location: Middle School Parking Lot

Age Requirement: Ages 12 thru Adult. (Children under age 14 must have adult supervision)

Cost: \$25.00 Instructor: C. Doty

101 - Beginning Basketry - Door Basket

This is an easy beginner basket weaving class. Students will be making a spring door basket that measures 7" across the bottom and 12" across the middle. This 12 ½" high basket will be great for holding artificial flowers or fresh cut bouquets from your very own garden. Students will be taught the basic flat reed construction with discussions about how to care for outdoor baskets. Please bring scissors, tape measure, awl, pencil, cloth rag, and a basin for water to class.

Minimum 5 – Maximum 12

Thursday: March 26th 6:30 – 9:30pm Location: Middle School Art Room 101

Age Requirement: Adult

Cost: \$18.00 PLUS an additional \$18.00 for supplies is due to Instructor at 1st class.

Instructor: L. Hopkins

102 - Beginning Basketry - Easter Basket

Come out and learn how to weave and make a beautiful Easter basket. The finished, colorful basket will measure 10" X 10" by 4 1/2" H. with the handle measuring 14" H. Students will learn the basic flat reed construction and learn to read a pattern from beginning to end. There will also be discussions on the care of baskets and where the reed actually comes from. Students must bring a pan for water, scissors, tape measure, rag towel, awl, and a pencil to class.

Minimum 6 – Maximum 12

Mondays: March 23rd and March 30th 6:30 – 9:30pm

Location: Middle School Art Room 101

Age Requirement: Adult

Cost: \$25.00 PLUS an additional \$40.00 for supplies is due to Instructor at 1st class.

Instructor: L. Hopkins

<u>103 - Beginning Basketry – Melon or Egg Basket</u>

This is another beginner basket weaving class where students will have the opportunity to choose between creating a "Melon" or an "Egg" basket. Come out and learn the basics of constructing a ribbed basket with "God's Eye" and rib placement. There will also be discussions about basket care and where the reed actually comes from. Measure approximately 10" X 10".

Minimum 5 – Maximum 12

Mondays: April 13th and April 20th 6:30 – 9:30pm

Location: Middle School Art Room 101

Age Requirement: Adult

Cost: \$25.00 PLUS an additional \$40.00 for supplies is due to Instructor at 1st class.

Instructor: L. Hopkins

104 - Common Spoken Spanish

If you are interested in learning to speak another language like Spanish – come and join us! This is a class for the beginner focusing on conversational common spoken Spanish. We will learn words and phrases that are used every day among the Spanish community so that by the end of the course you will become comfortable speaking the Spanish language! Please bring a notebook to take notes.

Minimum 5 – Maximum 20

Mondays: March 23rd thru April 27th 6 - 7pm

**NO class on April 6th

Location: South Elementary School Room 101

Age Requirement: Adult

Cost: \$30.00

Instructor: M. Alvarado

105 - Drum Lesson

LET'S ROCK! Interested in a crash course on the drums and drum set playing? Come out for two evenings of banging on the drums with an experienced local drummer/teacher that has been playing and touring with bands for over 30 years. Come to drum class for a fun evening, relieve some tension, and learn a new hobby.

Minimum 3

Wednesdays: March 25th thru April 1st 6 - 7pm Location: High School Band Room 203

Age Requirement: Adult

Cost: \$16.00 Instructor: M. Gray

106 - Easy Italian Cooking

Would you like to learn how to make quick Italian dinners to please any guest? If you answered yes – then this is the cooking class for you! Come join a local chef in our kitchen to watch, learn how to make, and then taste some Italian favorites including cheese ravioli, an amazing 10 minute pasta sauce, tiramisu, and much more!

Minimum 6

Mondays: April 13th thru May 4th 6:30 – 8pm

Location: Middle School Room 206

Age Requirement: Adult

Cost: \$25.00 PLUS an additional \$15.00 for supplies due to Instructor at 1st class.

Instructor: S. Gillman

107 - Knitting (Beginner)

This knitting class is for the beginner **ONLY!** Come out and meet new people while learning the basics needed to knit an easy project that the instructor has chosen. This class is sure to be fun and relaxing. Please bring a pair of size #10 short knitting needles and a ball of yarn.

Minimum 6 – Maximum 10

Thursdays: March 26th thru May 7th 7 - 8pm

Location: High School Room 303

Age Requirement: Adult

Cost: \$27.00 Instructor: S. Guie

108 - Knitting (Purl Stitch)

This knitting course is designed for the beginner that already knows the knit stitch and wants to learn how to do the purl stitch. Come and enjoy a relaxing night out! Learn to purl an easy project that the instructor has chosen. Please bring a pair of size #10 needles and a ball of yarn.

Minimum 6 – Maximum 10

Thursdays: March 26th thru May 7th 6 - 7pm

Location: High School Room 305

Age Requirement: Adult

Cost: \$27.00 Instructor: S. Guie

109 - Knitting 2

This knitting class is designed for the person that already knows the knit and pearl stitches. Come and learn how to knit an easy project that the instructor has chosen and meet new friends! This class is sure to be fun, relaxing, and exciting. Please bring a pair of size #10 knitting needles and a ball of yarn (4 ply).

Minimum 6 – Maximum 10

Thursdays: March 26th thru May 7th 8 - 9pm

Location: High School Room 305

Age Requirement: Adult

Cost: \$27.00 Instructor: S. Guie

110 - PA State Inspection Mechanic's Licensing

Upon successful completion of course requirements, the applicant will be certified as a licensed inspector. Applicant must be at least 18 years of age at registration and have a current PA Photo Driver's License throughout the course. Those looking for additional certification categories are also welcome. Call for more information. Register early as class fills quickly.

Maximum 15

Monday, Tuesday, and Monday: March 23, 24, and 30th 6 – 10pm

Location: High School Power Mechanics - Room 291

Age Requirement: Adult

Cost: \$150.00 (\$50.00 each additional class)

Instructor: M. Watson

111 - Verbal Defense and Influence

Come and learn how to deal with difficult people vs. them dealing with you! If you are on the front lines with the public then this course is a must! Come learn the five universal truths, the cycle of conflict. Students will learn verbal techniques of disarming those with razor sharp tongues and angry attitudes. We will learn how to keep our cool when our blood starts to boil in the midst of verbal conflicts and how to turn it into a positive experience. This certified instructor will give an introduction to the course that has been taught to over 300,000 communicators in customer service, law enforcement, hospitality, and dozens of other occupations that require a strong communication set.

Minimum 8 - Maximum 15

Tuesdays: April 14th thru April 21st 5:30 – 8:30pm

Location: High School Room 243

Age Requirement: Adult

Cost: \$20.00

Instructor: J. Richner

112 - Wallenpaupack Area High School Adult Diploma Program



This program offers former students and area residents who did not complete high school the opportunity to earn a Wallenpaupack Area High School Diploma.

- Independent study; work at your own pace
- Complete work from home
- Credits awarded for previous coursework
- Open to residents of Wayne and Pike Counties
- Open to individuals who are 21 years old or older
- Tuition \$35 per credit PLUS a \$50 refundable deposit for each textbook

For more information contact Frank Williams at 570-226-4557 ext. 3024 during normal school hours.

113 - Watercolor and Oil Painting

Learn the basics of watercolor or oil painting. Learn a new medium or advance to a new level! The teacher will share her supplies with any new students for the first night. A supply list will then be given on the first night of class. This class is open to beginners to the advanced level student.

Minimum 7 – Maximum 10

Tuesdays: March 24th thru May 5th 6 - 9pm

Location: South Elementary School Art Room 201

Age Requirement: Adult

Cost: \$65.00

Instructor: L. Nakielny

114 - World War II Veterans



The Wallenpaupack Area School District Board of Directors has established a program to honor World War II veterans who were forced to leave high school to serve their country. This program provides for the awarding of a Wallenpaupack High School Diploma to honorably discharged World War II veterans who did not graduate from a local high school. A diploma may be awarded posthumously to an eligible veteran through this program. Those eligible include honorable discharged veterans of United States military service in World War II between September 16, 1940 and December 31, 1946, and who attended any school that now comprise the current Wallenpaupack Area School District boundaries. Please contact Dr. Joann Hudak, Wallenpaupack Area School District Assistant Superintendent at 570-226-4557 ext. 3000 for further information and an application for a diploma under this program.



WELLNESS

200 - 211

200 - Arms and Abs

Get armed in this class that focuses on developing the tricep, bicep and forearm muscles. Concentrate on shaping, toning, defining or building these areas. We will finish class with an abdominal blitz to help strengthen, define and tone the core areas. Summer is coming! Let's get our bodies ready for summer in a fun and effective atmosphere. Students are asked to bring a set of dumbbells and an exercise mat to class.

Minimum 7 - Maximum 15

Wednesdays: March 25th thru May 6th 6 - 7pm

Location: South Elementary Cafeteria

Age Requirement: Adult

Cost: \$25.00

Instructor: D. Tereschak

201 - Cardio Plus

This class will include a variety of cardio activities including step aerobics, kick boxing, and toning exercises (with and without weights). Class will include a warm-up, cool-down, and stretching exercises. Please wear good sneakers and bring a water bottle, hand towel, and hand-held weights (dumbbells).

Minimum 8

Thursdays: March 26th thru May 7th 7 – 8pm

Location: South Elementary School Cafeteria/Gym

Age Requirement: Age 14 - Adult

Cost: \$22.00

Instructor: D. Krautter

202 - Country Line Dancing

Come out and learn the basic line dance steps. Beginner dances and intermediate dance steps will be taught.

Minimum 6 – Maximum 12

Thursdays: March 26th thru April 30th 7 - 8pm

Location: High School Cafeteria

Age Requirement: Adult

Cost: \$25.00

Instructor: J. Kristofits

203 - Fitness Yoga

A style of yoga for all fitness levels! This class combines fitness moves with traditional yoga postures. Come out and have some fun while practicing different techniques for improving your health, performance and mental acuity! Bring a yoga mat and a towel.

Minimum 5 – Maximum 20

Thursdays: March 26th thru April 30th 5:30 – 6:30pm

Location: North Intermediate Cafeteria

Age Requirement: Adult

Cost: \$29.00

Instructor: A. Merola

204 - Fit Strength for All Fitness Levels

Fit strength is a unique workout utilizing changes in your body! Be guided through these effective movements designed to shape, strengthen, and firm your body. Increase mobility, flexibility, range of motion, and joint integrity. You are going to love this class! Please bring an exercise mat and dumbbells to class.

Minimum 7 – Maximum 20

Wednesdays: March 25th thru May 6th 5 - 6pm Location: South Elementary School Cafeteria/Gym

Age Requirement: Adult

Cost: \$25.00

Instructor: D. Tereschak

205 - In-School Walking Program - WMH

Participants must register with Wayne Memorial Hospital and receive an ID Badge. Those previously registered will need to re-register to up-date WMH records but will not have to pay the \$5 if they have their badge from previous years, but, they must place the "10" sticker WMH sends them on their badge. The walkers will be required to wear badges when walking and to log in and out in a notebook provided by Wayne Memorial Hospital.

Monday - Fridays: September 7th thru May 21st 6 - 8pm

Location: South Elementary and High School

Age Requirement: Adult

Cost \$5.00

Call WMH COMMUNITY HEALTH DEPARTMENT AT 253-8422 TO REGISTER

206 - Lower Body Workout

This is a workout class that is completely dedicated to strengthening, toning, and sculpting the lower body form the abs on down! Students are asked to bring their own mat and hand held weights are required

Minimum 5 – Maximum 20

Thursdays: March 26th thru April 30th 6:30 – 7:30pm

Location: North Intermediate Cafeteria

Age Requirement: Adult

Cost: \$29.00

Instructor: A. Merola

207 - Men's Recreation

Pickup games of basketball post high school.

Mondays: 6 – 9pm

(No games when school is cancelled or not in session)
Location: Middle School/North Intermediate Gym

Age Requirement: Adult Cost: \$4.00 per night Instructor: A. Holtzer

208 - Power Pilates

The Pilates method of body conditioning is a unique system of stretching and strengthening exercises developed over ninety years ago by Joseph H. Pilates. The Pilates method is known for developing strength, improving coordination, flexibility, and balance. You will be energized when you leave class! Please bring an exercise mat with you and wear loose fitting clothing.

Minimum 6

Tuesdays: March 24th thru May 5th 6 - 7pm Location: North Primary School Cafeteria

Age Requirement: Adult

Cost: \$28.00

Instructor: P. Harris

209 - Tone Up!

This class will include a variety of muscle toning exercises with and without weights. No cardio exercises included. Please wear good sneakers and bring a water bottle, hand towel, and hand-held weights (dumbbells).

Minimum 8

Tuesdays: March 24th thru May 5th 7 – 8pm

Location: South Elementary School Cafeteria/Gym

Age Requirement: Age 14 - Adult

Cost: \$22.00

Instructor: D. Krautter

210 - Zumba

Are you ready to party yourself into shape? Forget the workout, just lose yourself in the music and find yourself getting into shape at the original dance-fitness party. Zumba class features exotic rhythms set to high energy Latin and international beats. Wear clothes you can move in, sneakers, bring a towel, a bottle of water, and LETS DANCE!

Minimum 6 - Maximum 25

Thursdays: March 26th thru May 7th 3:30 - 4:30pm

Location: High School Cafeteria Age Requirement: 16 - Adult

Cost: \$26.00

Instructor: M. Monte

<u>211 - ZUMBA GOL</u>D

This is a low impact cardio dance program. We will be moving to the musical beat of Latin, International and other rhythms. Your energy will soar and before you know it – you will be getting fit and grooving at your own pace! This class will provide modified and low impact moves. Please bring a water bottle and wear comfortable clothing.

Minimum 8 – Maximum 20

Tuesday and Wednesdays: March 24th thru May 7th 6-7pm

Location: South Elementary School Cafeteria

Age Requirement: Adult

Cost: \$40.00

Instructor: B. Mitchell



FINANCE / INVESTMENT/ RETIREMENT 300-307

300 - Five Money Questions for Women

This is an educational program that shares perspective on a process that women can use to identify their financial goals and set their strategy for the future.

Minimum 3 – Maximum 15 Wednesday: April 8th 7– 8pm Location: High School Room 305

Age Requirement: Adult

Cost: FREE

Instructor: S. Bauer

301 - Foundations of Investing

This seminar is open for those people that are new to investing and those that are in need of a refresher course. Participant will learn the importance of developing a strategy, the impact of asset allocation, and the influence of inflation on your long-term goals.

Minimum 3 – Maximum 15 Wednesday: March 4th 7– 8pm Location: High School Room 305

Age Requirement: Adult

Cost: FREE

Instructor: S. Bauer

302 - Get More Money for Your Children's College! (1)

Learn the secret and proven strategies to drastically reduce your out-of-pocket tuition costs for your child's college education! You will also learn how you can reduce your FAFSA score and get more financial aid! You will receive a free \$1,000 Tuition Rewards College Scholarship, just for attending! You will also learn more about this FREE guaranteed college scholarship program which can help you save up to \$50,000 off the cost of college for your child!

Minimum 3 – Maximum 15

Tuesday: April 14th 6:30 - 7:30pm Location: High School Room 241

Age Requirement: Adult

Cost: FREE

Instructor: M. Dillon

303 - Get More Money for Your Children's College! (2)

Learn the secret and proven strategies to drastically reduce your out-of-pocket tuition costs for your child's college education! You will also learn how you can reduce your FAFSA score and get more financial aid! You will receive a free \$1,000 Tuition Rewards College Scholarship, just for attending! You will also learn more about this FREE guaranteed college scholarship program which can help you save up to \$50,000 off the cost of college for your child!

Minimum 3 – Maximum 15

Thursday: April 23rd 6:30 – 7:30pm Location: High School Room 241

Age Requirement: Adult

Cost: FREE

Instructor: M. Dillon

304 - Learn & Earn: Financial Succe\$\$ for You and Your Children!

Schools teach our children how to earn a living, but not how to save for their future. Attend this brief course with your child, and receive a FREE \$1,000 Tuition Rewards College Scholarship for your child, just for attending! You and your child will learn how to make successful money-management decisions for the future and become educated savers and investors! PLUS- your child will receive a FREE, colorful and easy-to-understand textbook to help them plan in the future! Topics to be covered include: Saving & investing for the future, compound interest (%), the investment-rules your child should know, "What is Risk?" and setting financial goals. **ALL children must be accompanied by their parent or guardian to attend.

Minimum 3 – Maximum 15

Thursday: May 7th 6:30 – 7:30pm Location: High School Room 241

Age Requirement: Adult

Cost: FREE

Instructor: M. Dillon

305 - MAXIMIZE YOUR SOCIAL SECURITY (1)

Maximize your Social Security benefits! Learn the most up-to-date rules and strategies to get the most out of YOUR Social Security benefits including 'How to get 67% more in Social Security income', minimizing the 85% of your benefits that can be taxed, optimal spousal benefit strategies, divorced benefits, survivor benefits, and 'starting and stopping' Social Security. You will also learn how to receive a retroactive lump-sum Social Security payout! Most importantly, YOU will learn how to coordinate your other retirement income to minimize YOUR taxes!

Minimum 3 - Maximum 15

Tuesday: March 24th 6:30 - 7:30pm Location: High School Room 241

Age Requirement: Adult

Cost: FREE

Instructor: M. Dillon

306 - MAXIMIZE YOUR SOCIAL SECURITY (2)

Maximize your Social Security benefits! This is the same course that is listed above. Come and learn the most up-to-date rules and strategies to get the most out of YOUR Social Security benefits including 'How to get 67% more in Social Security income', minimizing the 85% of your benefits that can be taxed, optimal spousal benefit strategies, divorced benefits, survivor benefits, and 'starting and stopping' Social Security. You will also learn how to receive a retroactive lump-sum Social Security payout! Most importantly, YOU will learn how to coordinate your other retirement income to minimize YOUR taxes!

Minimum 3 – Maximum 15

Thursday: April 2nd 6:30 – 7:30pm Location: High School Room 241

Age Requirement: Adult

Cost: FREE

Instructor: M. Dillon

307 - Navigating Your Next Adventure

Managing your income in retirement workshop is designed for people who are thinking of retiring or who have retired recently. Ideas will be discussed on managing your income and expenses during retirement and we will explore how to plan upfront for concerns like inflation, health care expenses, and market volatility.

Minimum 3 – Maximum 15 Wednesday: May 6th 7 - 8pm Location: High School Room 306

Age Requirement: Adult

Cost: FREE

Instructor: S. Bauer

COMPUTERS



400

400 - How to E-Bay in Real Life

Come and learn the fundamentals of listing on eBay from a top rated power seller and learn how to eBay in real life. Come and learn the basics of listing an item to sell, writing an effective ad, how to liquidate your unwanted junk, and much more in this hands-on 3 evening jammed packed course.

Minimum 6 – Maximum 15

Tuesdays: March 24 thru April 7th 5:30 - 8:30pm

Location: High School Room 241

Age Requirement: Adult

Cost: \$35.00

Instructor: J. Richner



ENVIRONMENTAL EDUCATION Section 500 - 506

Protecting the Natural Resources of Wayne and Pike Counties

The Pike Conservation Partnership is an alliance of government, non-government, non-profit and grass roots organizations with shared goals for natural resource conservation, sustainable communities and citizen involvement in community planning. The following is a list of programs available from the Partnership members. Please contact the Partnership members directly to register for the programs listed.

500 - Burley Swamp Hike

Take a hike on this beautiful trail and ID plants and animals. To register and/or inquire about other activities, contact Alison Tews at 570-676-0567

Saturday: May 2nd 3pm

Location: Promised Land State Park

501 - Earth Day at PEEC

Come out and help us celebrate the Earth! There will be hands-on learning stations, interpretive hikes, conservation exhibits, animals, crafts, food, music, and much more! Please call Andrea Ace at: 570-828-2310 Ext. 240 to register.

Saturday: April 25th 10am – 4pm

Location: Pocono Environmental Education Center

538 Emery Road

Dingmans Ferry, PA 18328

502 - Hawley Earth Fest

We invite you to join in the celebration of love for our planet Earth! It is the one thing we all have in common, so let's come together and recognize all that makes it wonderful. Local businesses and conservation organizations will be offering programs, activities, and events for a weekend of celebrating, learning, and exploring. Bike rides, crafts, a parade, guest speakers, and a festival are just a taste of what Hawley has to offer and great for all ages! For more information, visit www.hawleyearthfest.com Friday: April 24th thru April 26th

503 - Night Hike

Come and take a hike at night, play some night games and search for night creatures. To register and/or inquire about other activities, contact Alison Tews at 570-676-0567

Friday: April 10th 9pm

Location: Conservation Island at Promised Land State Park

504 - Pond Study

Capture and release aquatic creatures. To register and/or inquire about other activities, contact Alison

Tews at 570-676-0567 **Saturday: April 18th 4pm**

Location: Promised Land State Park

505 - Walkabout and Wonder

Beat those winter blues by reconnecting to nature! Let our new naturalist educator, Jenna, introduce you to what she feels makes the sanctuary so special on her first guided hike at Lacawac. All ages and families are welcome on this interpretive hike to Lake Lacawac. We'll look for signs of animals and spring, as we walk through the Historic Great Camp. Please dress for the weather. The cost is \$5 a person - every third person in your group will be free. Please register by phone at (570) 689-9494 or email: info@lacawac.org Other offering can be found at: www.pikeconservation.org

Saturday: March 28th 10am

Location: Coulter Visitor's Center, Lacawac Sanctuary

506 - Wilderness Skills

Learn a variety of outdoor survival skills, ranging from fire building and camping preparedness to tracking and stalking animals. To register and/or inquire about other activities, contact Derek Scott at 570-828-2310 Ext. 234

Sunday: April 12th 1 – 3pm

Location: Pocono Environmental Education Center



Safety Section 600 - 602

600 - American Red Cross - Adult CPR/AED (HSSSFA107)

This course will provide the learner with skills necessary to provide care when a cardiac or respiratory emergency occurs until more advanced care arrives. This course is intended for the lay responder (community individual). Learners must be physically able to provide adequate breaths and sufficient compressions to a manikin while that manikin is on a firm, flat surface.

Minimum 4 – Maximum 10

Monday: April 13th 6:00am – 9:00pm

Location: North Intermediate School Cafeteria

Age Requirement: Adult

Cost: \$70.00

Registration must be done by calling: 1-800-RED CROS (1-800-733-2767, Option #3) or on-line at

www.redcross.org Instructor: ARC

601 - American Red Cross - Adult CPR/AED (HSSSFA404)

This course will provide the learner with skills necessary to provide care when a cardiac or respiratory emergency occurs until more advanced care arrives. This course is intended for the lay responder (community individual). Learners must be physically able to provide adequate breaths and sufficient compressions to a manikin while that manikin is on a firm, flat surface.

Minimum 4 – Maximum 10

Monday and Tuesday: April 13th and April 14th 6:00am - 9:00pm

Location: North Intermediate School Cafeteria

Age Requirement: Adult

Cost: \$90.00

Registration must be done by calling: 1-800-RED CROS (1-800-733-2767, Option #3) or on-line at

www.redcross.org Instructor: ARC

<u>602 - American Red Cross – Pediatric CPR/AED (HSSSFA207)</u>

This course will provide the learner with skills necessary to provide care when a cardiac or respiratory emergency occurs until more advanced care arrives. This course is intended for the lay responder (community individual). Learners must be physically able to provide adequate breaths and sufficient compressions to a manikin. The focus is on infant victim care.

Minimum 4 – Maximum 10 Monday: May 4th 5:45 – 9:00pm

Location: North Intermediate School Cafeteria

Age Requirement: Adult

Cost: \$70.00

Registration must be done by calling: 1-800-RED CROS (1-800-733-2767, Option #3) or on-line at

www.redcross.org Instructor: ARC

The Deadline for Registration Is March 2, 2015 Any Registration Post Marked After That Date Will Be Returned.

Registration will be done by mail only. Additional registration forms may be obtained by going on line to www.wallenpaupack.org and clicking on Community Education. Mail your registration form and a separate check for each class as soon as possible. Classes that do not have a registration fee still require individuals to register for the class.

Complete a section for each course and mail to: WASD - COMMUNITY EDUCATION, 2552 Route 6 Hawley, PA 18428-7045. Enclose your check or checks payable to: Wallenpaupack Area School District unless otherwise indicated.

You will be notified only if a class is cancelled.

WRITE A SEPARATE CHECK AND REGISTRATION FORM FOR EACH COURSE

Name:	
Address:	
Daytime Phone:	Course #
Course Title:	Cost: \$
Name:	
Address:	<u> </u>
Daytime Phone:	Course #
Course Title:	Cost: \$
Name:	
Address:	
Daytime Phone:	Course #
Course Title:	Cost: \$
Name:	
Address:	
Daytime Phone:	Course #
Course Title:	Cost: \$