



Wallenpaupack Area Elementary School
Menu is Subject to Change



Monday	Tuesday	Wednesday	Thursday	Friday
1 Dr. Suess' Birthday Green eggs & ham French toast Home fried potatoes Warm apple slices Whole fruit juice bar	2 Chicken Fajita strips in a wrap Lettuce/cheese/tomato cup Baked potato fries Steamed corn Peach slices	3 Rotini pasta Meat/cheese sauce Tossed salad/spinach Hot bread stick Pear slices	4 A,B,C Chicken nuggets Baked potato/toppings Glazed carrots Dinner roll Dutch apple cake/topping	5 Pizza, cheese or pepperoni Caesar salad A,B,C cinnamon crackers Apple wedges
8 Go for the Green Week Breaded chicken patty/bun Lettuce/tomato/cheese Oven baked potato fries Green veggies/dip Green and red grapes	9 Hot ham/cheese on a croissant Hashbrown patty Steamed green beans Fresh pear	10 Chicken strips Bowtie noodles cheese sauce Steamed broccoli Italian bread slice Granny Smith apple	11 Wedge pizza Caesar salad Vegetable soup Mixed fruit	12 Toasted cheese sandwich Tomato soup Goldfish crackers Celery sticks/sunflower butter Honeydew melon slice
15 Cheeseburger or hamburger on a multi-grain bun lettuce/tomato/cheese Chicken noodle soup Oven baked fries Peach slices	16 Penne pasta Meat/cheese sauce Tossed salad with baby spinach Hot bread sticks Shamrock sugar cookie	17 St. Patricks' Day Chicken nuggets Baked potato/toppings Steamed green beans Mini blueberry muffin Lime sherbet cup	18 Hot dog/bun or chili dog Potato puffs Alphabet vegetable soup Baby carrots/dip Apple wedges	19 Mozzarella sticks Marinara sauce Caesar salad Italian bread slice Pear slices
22 Taco, choice of hard or soft shell Lettuce/cheese/tomato cup Diced tomatoes/salsa Steamed corn Orange wedges	23 Breaded chicken Mashed potatoes/gray y Steamed peas Multi-grain dinner roll Apple crisp/topping	24 Meatball hoagie Shredded mozzarella cheese Chicken rice soup Curley fries Peach slices	25 Breaded chicken patty/bun Lettuce/tomato/cheese Sweet potato fries Steamed carrots Mixed fruit	26 Wedge pizza Fresh veggies/hummus Applesauce/cinnamon Teddy grahams
29 French toast sticks/syrup Baked ham slices Home fried potaotes Warm apple slices Orange wedges	30 Chicken fajita strips in a wrap Lettuce/cheese/tomato cup Hashbrown patty Steamed corn Chocolate chip cookie	31 Ziti pasta Meat/cheese sauce Tossed salad/spinach Hot bread stick Peach slices		

Daily Breakfast Menu:

- Choice of:
- 100% Fruit Juice
- or
- Fruit-fresh or canned
- Choice of Milk
- Choose one:
- Cereals or Cereal Bars
- Yogurt
- Bagels or Muffins
- or a hot item such as:
- Breakfast Sandwiches
- Pancakes
- French Toast

Daily Lunch Offerings:

- Hoagie Bar
- PBJ
- Caesar Salad
- Wraps
- Yogurt

Daily Lunch Offerings at South:

- Salad Bar-Monday & Tuesday
- Hoagie Bar- Wednesday, Thursday & Friday

Served Daily:

- Lowfat milk selection:
- Fat free or 1% white, chocdate
- or strawberry