



Wallen paupack Area Hawley Center School
Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 French toast sticks/syrup Baked ham slice Hashbrown patty Orange wedges	2 Cheeseburger/hamburger on a multi-grain bun Lettuce/tomato/pickle Oven baked fries Baby carrots/dip Watermelon slice	3 Chicken strips Bowtie noodles cheese sauce Steamed green beans Multi-grain dinner roll Peach slices	4 Wedge pizza Caesar salad Teddy grahams Applesauce/cinnamon
7 Tacos, choice of hard or soft shell Lettuce/cheese cup Diced tomatoes/salsa Steamed corn Mixed fruit	8 Chicken nuggets Baked potato/toppings Glazed carrots Dinner roll Applecake/topping	9 Rotini pasta Meat or cheese sauce Tossed salad Hot bread stick Sliced peaches	10 Breaded chicken Mashed potatoes/gravy Bread stuffing Steamed green beans Fruited gelatin/topping	11 Toasted cheese or ham and cheese sandwich Tomato soup Goldfish crackers Baby carrots/dip Apple wedges
14 Breaded chicken patty/bun Lettuce/tomato/cheese Oven baked fries Celery sticks with sunflower butter Fresh fruit	15 Penne pasta Meat/cheese sauce Tossed salad Hot bread stick Peach slices	16 Wedge pizza Fresh veggies/dip Applesauce/cinnamon	17 Head Start #2 Fun Day Peanut butter/jelly sandwiches Goldfish crackers Teddy grahams Apple wedges	18 Head Start 1&3 Fun Day Peanut butter/jelly sandwiches Goldfish crackers Teddy grahams Apple wedges
21 Chicken nuggets Bowtie noodles Cheese sauce Stemed Broccoli Mini blueberry muffin Sliced pears	22 Hot ham/cheese croissant Hashbrown patty Baby carrots/dip Pineapple tidbits	23 Breaded fish sticks Potato puffs Steamed peas Peach cup	24 Rotini pasta Meat or cheese sauce Caesar salad Hot bread stick Mixed fruit	25 Mozzarella cheese sticks Marinara sauce Tossed salad Applesauce/cinnamon Graham cracker
28 Chicken strips Oven baked fries Steamed carrots Peach cup	29 Hot dog/bun Potato smiles Baby carrots/dip Baked beans Orange wedges	30 Pizza, cheese or pepperoni Tossed salad Teddy grahams Applesauce		

Daily Breakfast Menu:
Choice of:
100% Fruit Juice
or
Fruit-fresh or canned
Choice of Milk
Choose one:
Cereals or Cereal Bars
Yogurt
Bagels or Muffins
or a hot item such as:
Breakfast Sandwiches
Pancakes
French Toast

Daily Lunch Offerings:
Salad bar
PBJ
Caesar Salad
Yogurt

Served Daily:
Lowfat milk selection:
Fat free or 1% white,
chocolate or strawberry