



**Penn State Extension  
and  
Wallenpaupack Area School  
District**

**Space is limited so register  
early! Don't miss this exciting  
opportunity to strengthen  
your family and help your  
child transition into their  
teen years!**

## MARCH 6 – APRIL 17 STRENGTHENING FAMILIES

**A FREE program for parents and caregivers and their 6<sup>th</sup> grade children.**

Parents and Children can strengthen their relationship and make the teen years smoother by

- Learning effective communication
- Protecting children from substance abuse
- Learning to handle stress and peer pressure

7 week program on  
Wednesdays

**To register or for more information:**

Call Nathan Heinly, 6<sup>th</sup> Grade Counselor at 570-226-4557 ext 3055 or email at [heinlyna@wallenpaupack.org](mailto:heinlyna@wallenpaupack.org)

**Our family would like to register for the Spring 2019 Strengthening Families Program.**

Child's Name: \_\_\_\_\_

Adult's Name(s): \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Number of family members eating dinner \_\_\_\_\_

Number of children needing child care \_\_\_\_\_ Ages of children \_\_\_\_\_

Please return to the Wallenpaupack Middle School Office