Referral Process:

- If you are currently receiving services at Children's Service Center or Robinson Counseling Center, contact your therapist for a referral.

- All new clients should contact Children’s Service Center registration department at 570-825-6425 to schedule an appointment for intake.

*Contact 570-825-6425 extension 758 with questions related to HOPE or First Episode Psychosis Programs.

Referral Sources:

- Community Organizations
- Family
- Clergy
- Physician
- Schools
- College/Universities
- Hospitals
- Private Practices

For referrals, or for any information, please contact:

1-877-433-5112

HOPE (First Episode Psychosis Program) is offered in Luzerne, Wyoming, Carbon, Monroe, Pike and Wayne Counties

Wilkes-Barre: 570-825-6425
Honesdale: 570-253-0321
Stroudsburg 570-820-2066

Children's Service Center is a Sanctuary Focused Organization.

Visit www.cscwv.org to learn more about Children’s Service Center.

Follow us on Facebook

HOPE
Helping to Overcome Psychosis Early

A behavioral health organization providing integrated health care services to children, adolescents, adults and families.

Mission Statement

A community organization that provides and promotes quality services with care and compassion to enhance the emotional well-being and mental health of children, adolescents, and families.

Accredited by The Joint Commission
What is HOPE?

Helping to Overcome Psychosis Early

HOPE is a form of treatment for individuals between the ages of 15-25 who are experiencing early signs of psychosis. The coordinated care approach of staff emphasizes shared decision making and focus on helping individuals reach their recovery goals. Treatment is provided by a specially trained core team and the goal is to engage a person early in treatment. A psychotic episode is treatable and HOPE can assist in preventing further occurrences. With appropriate interventions most people successfully recover and return to their normal daily lives.

Sudden onset of feelings may be vague but a person may experience:

- Confused Thinking
- Unwanted Thoughts
- False Beliefs
- Hearing/Seeing Things That Others Can’t Experience
- Distressed Feelings
- Paranoia
- Unpredictable Behavior
- Uncomfortable with Self
- Interference with Work/School

What is Psychosis?

A first episode psychosis is when someone experiences psychotic symptoms for the first time. The symptoms can be highly disturbing and unfamiliar, leaving a person confused and distressed.

Causes:

Psychosis can be caused by:

- Bio/genetic predisposition
- Substance abuse
- Trauma
- Brain abnormalities
- Severe stress or anxiety

Benefits of HOPE:

- Strengthen social skills and support
- Prevent hospitalizations
- Minimize risk of suicide
- Support in managing disruptions with work or school
- Improve and Enhance family and social relationships
- Lower risk of relapse
- Opportunity to a successful recovery

Criteria:

- Ages 15-25
- Having signs/symptoms of a psychosis
- This program is for individuals who have experienced a psychotic episodes within the last 2-years.

Services Include:

- Outpatient Therapy
- Medication Management
- Mobile Therapy
- Case Management
- 24/7 Crisis
- Family Education and Support
- Supported Employment and Education Specialist
- Certified Peer Specialist *
- Family Peer Support *
- Coordination with Drug and Alcohol Services (if applicable)

* Not all of the FEP Programs have a Certified Peer and Family Peer Support Specialist