

Referral Process:

- ◆ If you are currently receiving services at Children's Service Center or Robinson Counseling Center, contact your therapist for a referral.
- ◆ All new clients should contact Children's Service Center registration department at 570-825-6425 to schedule an appointment for intake.

*Contact 570-825-6425 extension 758 with questions related to HOPE or First Episode Psychosis Programs.

Referral Sources:

- Community Organizations
- Family
- Clergy
- Physician
- Schools
- College/Universities
- Hospitals
- Private Practices



For referrals, or for any information, please contact:

1-877-433-5112

HOPE (First Episode Psychosis Program) is offered in Luzerne, Wyoming, Carbon, Monroe, Pike and Wayne Counties

Wilkes-Barre: 570-825-6425

Honesdale: 570-253-0321

Stroudsburg 570-820-2066

Children's Service Center is a Sanctuary Focused Organization.

Visit ww.cscwv.org to learn more about Children's Service Center.



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Mission Statement

A community organization that provides and promotes quality services with care and compassion to enhance the emotional well-being and mental health of children, adolescents, and families.



HOPE

Helping to Overcome Psychosis Early

A behavioral health organization providing integrated health care services to children, adolescents, adults and families.



Accredited by **The Joint Commission**

What is HOPE?

Helping to Overcome Psychosis Early

HOPE is a form of treatment for individuals between the ages of 15-25 who are experiencing early signs of psychosis. The coordinated care approach of staff emphasizes shared decision making and focus on helping individuals reach their recovery goals. Treatment is provided by a specially trained core team and the goal is to engage a person early in treatment. A psychotic episode is treatable and HOPE can assist in preventing further occurrences. With appropriate interventions most people successfully recover and return to their normal daily lives.



What is Psychosis?

A first episode psychosis is when someone experiences psychotic symptoms for the first time. The symptoms can be highly disturbing and unfamiliar, leaving a person confused and distressed.

Causes:

Psychosis can be caused by:

- Bio/genetic predisposition
- Substance abuse
- Trauma
- Brain abnormalities
- Severe stress or anxiety

Sudden onset of feelings may be vague but a person may experience:

- Confused Thinking
- Unwanted Thoughts
- False Beliefs
- Hearing/Seeing Things That Others Can't Experience
- Distressed Feelings
- Paranoia
- Unpredictable Behavior
- Uncomfortable with Self
- Interference with Work/School

Criteria:

- Ages 15-25
- Having signs/symptoms of a psychosis
- This program is for individuals who have experienced a psychotic episodes within the last 2-years.

Services Include:

- Outpatient Therapy
 - Medication Management
 - Mobile Therapy
 - Case Management
 - 24/7 Crisis
 - Family Education and Support
 - Supported Employment and Education Specialist
 - Certified Peer Specialist *
 - Family Peer Support*
 - Coordination with Drug and Alcohol Services (*if applicable*)
- * Not all of the FEP Programs have a Certified Peer and Family Peer Support Specialist

Benefits of HOPE:

- Strengthen social skills and support
- Prevent hospitalizations
- Minimize risk of suicide
- Support in managing disruptions with work or school
- Improve and Enhance family and social relationships
- Lower risk of relapse
- Opportunity to a successful recovery

