Directions – Watch someone cook, it can be in person or on the television.

1. Explain the food(s) being prepared.

2. State five cooking techniques that you observed that we learned about in class. Define the term.

   A.

   B.

   C.

   D.

   E.
3. State five safety/sanitation techniques that the cook demonstrated during the process.

A.

B.

C.

D.

E.

4. State two pieces of information that were gained during this process.