

# *Wallenpaupack Area School District*

## **COURSE: CHILD CARE I**

**GRADE LEVEL:** Tenth, Eleventh

**LENGTH OF COURSE:** Year Long

**TEXT:** Working with Young children

**PUBLISHER:** The Goodheart-Wilcox Company, Inc.

**COPYRIGHT:** 2012

### **COURSE DESCRIPTION:**

Child Care I is designed to prepare the student for CDA certification and successful family living. The course will help the student acquire the skills and knowledge needed to (1) work with preschool age children, and (2) recognize and understand problems faced by individuals and families in the context of their emerging lives. The student will study how to develop an age appropriate curriculum, the developmental importance of learning centers, research health and safety, nutrition, and research proper guidance techniques. The hand-on World of Wonders Program, a part of our curriculum, will help the student learn practical skills in: caring for children, play and children, preparing developmental activities with teaching aids and supplies, plan and conduct a preschool age curriculum, monitor the safety of children. The course is recommended to all students who are interested in obtaining preschool teaching assistant certification, furthering their education in working with children, and/or will be dealing with children in any capacity throughout their lives.

### **CURRICULUM WRITING TEAM:**

Barbara S. Dyson

### **DATE OF REVISION:**

2013

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Curriculum Planning

**PA Standards:** 11.2.12.A

Development and Implementation of  
the World of Wonders Program

11.2.12.D

11.2.12.H

11.4.12.B

11.4.12.C

11.4.12.D

11.4.12.E

POS: 100,200,300, 400, 500, 600, 700, 800, 900, 1000, 1100, 1200

*Competency Goal I.4*

<b>Topics:</b>	<b>Skills:</b>
<ul style="list-style-type: none"> <li>• Characteristics of Working with Children</li> <li>• Developmentally Appropriate Programs and</li> <li>• developmentally Inappropriate Programs</li> <li>• Planning Learning Centers</li> <li>• Creating Rules &amp; Teaching Self-control</li> </ul>	<ul style="list-style-type: none"> <li>• <i>Students will design and implement environments and materials which are developmentally appropriate for the World of Wonders Program, including special needs.</i></li> <li>• Students will recognize the importance of learning centers</li> <li>• Students will recognize rules for behavior and self-control</li> </ul>
<b>Activities:</b>	<b>Performance Assessments:</b>
<ul style="list-style-type: none"> <li>• After explaining the characteristics of developmentally appropriate programs, students will design and implement preschool activities/lessons based on theme.</li> <li>• Projects will include:</li> <li>• Lesson plans based on group theme</li> <li>• Opening/Closing activities</li> <li>• Center-based activities.</li> <li>• Samples and materials for completion of all activities in the WOSW program.</li> </ul>	<ul style="list-style-type: none"> <li>• Completed thematic lesson plans.</li> <li>• Rubric for lesson plans &amp; projects</li> <li>• Rubric for running WOW program</li> <li>• Classroom discussion.</li> <li>• Completed homework</li> <li>• Test/Quizzes</li> <li>• Final Cumulative Portfolio-complete thematic lesson plans.</li> </ul>

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Learning Experiences for Children  
Art, Block building, Sensory

**PA Standards:** 11.2.12.B  
11.2.12.C  
11.2.12.F  
11.2.12.H  
11.4.12.C  
11.4.12.D  
11.4.12.E

POS: 100,200,400,500,600,700,800,900,1100,1200

<b>Topics:</b>	<b>Skills:</b>
<ul style="list-style-type: none"> <li>• Explain how art promotes physical, social, emotional, cognitive growth.</li> <li>• Describe techniques for guiding art experiences.</li> <li>• List the stages of art skill development</li> <li>• Compile a list of art supplies needed.</li> <li>• Plan a variety of art experiences.</li> </ul>	<ul style="list-style-type: none"> <li>• Students will identify the stages of art skill development.</li> <li>• Students will identify appropriate art supplies for young children.</li> <li>• Students will identify learning concepts through block play.</li> <li>• Students will identify sensory experiences: varied art mediums, sand/water; and/or woodworking.</li> </ul>
<b>Activities:</b>	<b>Performance Assessments:</b>
<ul style="list-style-type: none"> <li>• Students will encourage young children to vary art experiences.</li> <li>• Students will learn to incorporate basic math into block building experiences.</li> <li>• Students will encourage the use of accessories in block building.</li> <li>• Students will encourage social growth through art/ block/sensory experiences.</li> <li>• Students will develop/implement a molding clay activity.</li> </ul>	<ul style="list-style-type: none"> <li>• Complete three (3) lesson plans.</li> <li>• Implementing plans into WOW Program.</li> <li>• Designing additional art/block/sensory experiences.</li> <li>• On-going WOW Program participation</li> <li>• Classroom discussion</li> <li>• Completed homework</li> <li>• Chapter test</li> <li>• Portfolio – Developed plans into Portfolio.</li> </ul>

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Learning Experiences for Children  
Math

**PA Standards:** 11.2.12.A  
11.2.12.B  
11.2.12.C  
11.2.12.E  
11.2.12.F  
11.2.12.G  
11.2.12.H  
11.4.12.B  
11.4.12.C  
11.4.12.D

POS: 200, 400, 500, 600, 700,800, 900, 1000, 1100, 1200

<p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Learn the objectives of early math experiences.</li> <li>• Learn two basic assessments to determine math skills of children.</li> <li>• Recognize a variety of three-dimensional objects that can be used to promote math experiences.</li> </ul>	<p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• Identify math experiences that promote the development of key math concepts.</li> <li>• Design math experiences that stress specific math concepts.</li> <li>• Assess the cognitive understanding of basic concepts through observation.</li> </ul>
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Students will develop a math activities using:             <ol style="list-style-type: none"> <li>1. Color and Shape</li> <li>2. Matching</li> <li>3. Sorting</li> <li>4. Classification</li> <li>5. Counting</li> <li>6. Shape recognition</li> </ol> </li> <li>• Develop a rhyming/song activity to promote number knowledge.</li> </ul>	<p><b>Performance Assessments:</b></p> <ul style="list-style-type: none"> <li>• Design a math lesson plans using different textural object to understand/identify numbers.</li> <li>• Implement lesson plan into WOW Program.</li> <li>• On-going WOW Program participation</li> <li>• Classroom discussion.</li> <li>• Completed homework.</li> <li>• Quizzes/Tests.</li> <li>• Portfolio: add developed plans.</li> </ul>

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11 & 12

**Unit:** Learning Experiences for Children Science

**PA Standards:** 11.2.12.A  
11.2.12.D  
11.2.12.E  
11.2.12.F  
11.2.12.H  
11.4.12.B  
11.4.12.C  
11.4.12.D

POS: 100, 200, 400, 500, 600, 800, 1000, 1200

<p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Understand what is meant by 'science'.</li> <li>• Reasons for studying science.</li> <li>• Procedure for planning science activities.</li> <li>• Role of the teacher in guiding science experiences.</li> <li>• Methods for developing child's understanding of their senses.</li> <li>• Various ways to teach science concepts.</li> </ul>	<p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• Students will identify and explain various ways to teach science concepts.</li> <li>• Students will identify everyday items which can be used in teach science concepts.</li> <li>• Students will identify how science improves:               <ul style="list-style-type: none"> <li>• Language skills</li> <li>• Fine motor skills</li> <li>• Hand-eye coordination</li> <li>• Math skills</li> <li>• Socialization skills</li> <li>• Problem-solving skills</li> </ul> </li> </ul>
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Students will identify open-ended and close ended questions.</li> <li>• Students will research DAP science projects.</li> <li>• Students will plan a DAP science project developing understanding of Senses.</li> <li>• *Develop a plan for using:               <ol style="list-style-type: none"> <li>1. Water</li> <li>2. Color</li> <li>3. Foods</li> <li>4. Own Body</li> <li>5. Gardening</li> <li>6. Air</li> <li>7. Magnets</li> <li>8. Wheels</li> <li>9. Animals</li> </ol> </li> </ul>	<p><b>Performance Assessments:</b></p> <ul style="list-style-type: none"> <li>• Students will develop a complete science lesson plan using one chosen activity.*</li> <li>• Implementing lesson plan into WOW Program.</li> <li>• On-going WOW Program participation</li> <li>• Classroom discussion.</li> <li>• Completed homework.</li> <li>• Quizzes/Tests.</li> <li>• Portfolio Project: *Completed lesson plan.</li> </ul>

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Learning Experiences for Children  
Social Studies

**PA Standards:** 11.2.12.A  
11.2.12.B  
11.2.12.C  
11.2.12.D  
11.2.12.F  
11.4.12.A  
11.4.12.B  
11.4.12.C  
11.4.12.D

POS: 200, 300, 500, 600, 700, 800, 900, 1100

<p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• Importance of Social Studies experiences.</li> <li>• Role of teacher in designing/guiding social studies experiences.</li> <li>• Understanding multicultural, intergenerational, democracy, ecology, community living, current events, holiday concepts in curriculum</li> </ul>	<p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• Students will understand basic cultural differences/similarities.</li> <li>• Students will develop/implement a lesson plan.</li> <li>• Students will identify DAP multicultural books.</li> </ul>
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Observe and interact with children to determine interest/abilities.</li> <li>• Develop a curriculum:             <ol style="list-style-type: none"> <li>1. Multicultural</li> <li>2. Intergenerational</li> <li>3. Democracy</li> <li>4. Ecology</li> <li>5. Community Living</li> <li>6. Holidays</li> <li>7. Research various cultures</li> </ol> </li> </ul>	<p><b>Performance Assessments:</b></p> <ul style="list-style-type: none"> <li>• Design a lesson plan using one or more curriculum suggestions.</li> <li>• Implement lesson plan into WOW Program.</li> <li>• On-going WOW Program participation.</li> <li>• Class discussion.</li> <li>• Completed homework.</li> <li>• Quizzes/Tests.</li> <li>• Portfolio Project: Lesson plans</li> </ul>

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Planning Nutritious Meals and Snacks  
Chap. 12

**PA Standards:** 11.2.12.A  
11.2.12.B  
11.2.12.C  
11.2.12.D  
11.2.12.F  
11.4.12.A  
11.4.12.B  
11.4.12.C  
11.4.12.D

POS: 100, 200, 300, 500, 700, 800, 900, 1000, 1100  
*Competency Goal I.3*

<p><b>Topics:</b></p> <ul style="list-style-type: none"> <li>• What are goals of a good nutrition program?</li> <li>• Importance of a healthful diet.</li> <li>• Nutritional problems from poor diets.</li> <li>• Planning healthful meals and snacks.</li> <li>• How "My Plate" is used for meal/snack planning.</li> </ul>	<p><b>Skills:</b></p> <ul style="list-style-type: none"> <li>• Understand the importance of healthy diet and brain development.</li> <li>• <i>Identify healthy meal and snack choices.</i></li> <li>• <i>Plan a weekly breakfast, lunch, dinner, and snack menu for 3 year old children.</i></li> <li>• Understand terminology associated with healthful diets.</li> </ul>
<p><b>Activities:</b></p> <ul style="list-style-type: none"> <li>• Using 'MyPlate.gov' students will research a healthy diet and daily food recommendations.</li> <li>• Research the causes of obesity in children.</li> <li>• Research how food resources affect brain development.</li> <li>• Analyze the meals/snacks in WOW program and compare and contrast what meets suggested recommendations.</li> <li>• Research a vegan diet and protein sources.</li> <li>• Research name/contact information for local agency that supplies information on nutrition and nutrition education for children/families. (Goal 1.4)</li> </ul>	<p><b>Performance Assessments:</b></p> <ol style="list-style-type: none"> <li>8. Design a weekly menu appropriate for 3 year olds...</li> <li>9. Written analysis of meal/snacks in WOW Program.</li> <li>10. On-going WOW Program participation.</li> <li>11. Class discussion.</li> <li>12. Completed homework.</li> <li>13. Quizzes/Tests.</li> <li>14. Portfolio Project: Completed weekly menu for 3 year olds.</li> <li>15. Portfolio: contact information on nutrition.</li> </ol>

# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Guiding Children’s Health

**PA Standards:** 11.2.12.A  
 11.2.12.B  
 11.2.12.C  
 11.2.12.D  
 11.2.12.F  
 11.4.12.A  
 11.4.12.B  
 11.4.12.C  
 11.4.12.D

POS: 200, 300, 500, 1000

<b>Topics:</b>	<b>Skills:</b>
<ul style="list-style-type: none"> <li>• Positive Environment and good health</li> <li>• Health policy for child care centers</li> <li>• Sanitary control</li> <li>• First Aid Training</li> <li>• Care for sick and special illnesses in children</li> </ul>	<ul style="list-style-type: none"> <li>• Students will develop a health policy for the WOW program.</li> <li>• Students will understand how to contact parents/caregivers of ill children</li> <li>• Student will learn required immunizations for small children</li> <li>• Students will understand/identify symptoms of common illnesses.</li> <li>• Students will demonstrate proper sanitizing and disinfecting skills.</li> <li>• Students will understand special health concerns.</li> </ul>
<b>Activities:</b>	<b>Performance Assessments:</b>
<ul style="list-style-type: none"> <li>• Evaluate which health practices help our center</li> <li>• Discuss how health issues may effect development and learning</li> <li>• Develop a center health policy</li> <li>• List what symptoms to look for in an ill child</li> <li>• Evaluate different communicable diseases</li> <li>• .Students will be Pediatric First Aid certified</li> </ul>	<ul style="list-style-type: none"> <li>• Prepare a handout listing health policies of a center.</li> <li>• Design a hand-washing lesson and present to the children.</li> <li>• Class discussion.</li> <li>• Completed homework.</li> <li>• Quiz/Test</li> <li>• On-going WOW Program participation.</li> <li>• Portfolio Project: Pediatric First Aid/CPR certified.</li> <li>• Portfolio: contact agencies</li> </ul>



# Wallenpaupack Area School District

**Course:** Child Care I

**Grade Level:** 10, 11

**Unit:** Guiding Children  
(Chapters 14 – 17)

**PA Standards:** 11.2.12.A  
11.2.12.B  
11.2.12.C  
11.2.12.D  
11.2.12.F  
11.4.12.A  
11.4.12.B  
11.4.12.C  
11.4.12.D

POS: 200, 300, 400, 500, 600, 700,800, 900, 1100, 1200  
*Competency Goal III.8, III.9, VI.15*

<b>Topics:</b>	<b>Skills:</b>
<ul style="list-style-type: none"> <li>• Developing guidance skills</li> <li>• Guidance Challenges-special needs</li> <li>• Establishing classroom limits</li> <li>• Handling daily routines</li> <li>• <i>Obtain 2 local resources for helping families deal with challenging behaviors</i></li> </ul>	<ul style="list-style-type: none"> <li>• Identify and use effective guidance techniques</li> <li>• <i>Understand and implement techniques to promote positive self-esteem</i></li> <li>• Understand natural and logical consequences</li> <li>• Identify situations/feelings that cause tension in children</li> <li>• Describe behavior problems that result from tension</li> <li>• Identify appropriate social-emotional skills.</li> <li>• Implement classroom limits</li> <li>• Identify limits for centers/areas.</li> <li>• Identify daily routines.</li> </ul>
<b>Activities:</b>	<b>Performance Assessments:</b>
<ul style="list-style-type: none"> <li>• Learn the goals of effective guidance.</li> <li>• Describe principles of direct and indirect guidance</li> <li>• List various techniques for effective guidance</li> <li>• Research ways to promote a positive self-concept in each child</li> <li>• <i>Research guidance techniques for appropriate social-emotional skills.</i></li> <li>• <i>Research effective classroom limits</i></li> <li>• Develop a checklist of behavior and self-help skills.</li> </ul>	<ul style="list-style-type: none"> <li>• <i>Ability to use effective guidance techniques.</i></li> <li>• <i>List and implement techniques for self-esteem for WOW child.</i></li> <li>• <i>Implement guidelines for classroom limits</i></li> <li>• Implement a daily routine for WOW Program.</li> <li>• Class discussion.</li> <li>• Quizzes/Tests</li> <li>• Ongoing WOW Program participation.</li> <li>• Portfolio assignment.</li> </ul>

*Wallenpaupack Area School District*