

Wallenpaupack Area School District Planned Course Curriculum Guide

Family and Consumer Science

7th Grade

Course Description:

The 7th Grade Family and Consumer Science course introduces students to areas in managing a healthy household. Students will demonstrate their knowledge of child development, child health, and child care skills along with lifelong lessons in nutrition and reading nutrition labels.

Revision Date: June 2017

Wallenpaupack Area School District Curriculum	
COURSE: Family and Consumer Science 7th Grade	GRADE/S: 7
UNIT 1: Child Development	TIMEFRAME: 12 days

PA COMMON CORE/NATIONAL STANDARDS:

11.4.6.A: Compare and contrast child development guided practices according to the stage of child development..

11.4.6.B: Identify ways to keep children healthy and safe at each stage of child development..

11.4.6.C: Identify the role of the caregiver in providing a learning environment (e.g., babysitting, daycare, preschool)..

11.4.6.D: Identify child-care provider considerations..

11.4.6.E: Identify characteristics of quality literature for children and other literacy enhancing activities..

UNIT OBJECTIVES (SWBATS):

Students will be able to demonstrate their knowledge of child development, child health and child care skills.

INSTRUCTIONAL STRATEGIES/ACTIVITIES:

- **Note taking**
- **Homework**
- **Cooperative learning**
- **Peer interaction**
- **Modeling**
- **Active participation**
- **Hands on learning**

ANCHOR VOCABULARY:

- **Infant**
- **Toddler**
- **Preschooler**
- **Large motor skills**
- **Small/fine motor skills**
- **Eye – hand coordination**
- **Physical Development**
- **Intellectual Development**
- **Emotional Development**
- **Social Development**
- **Problem solving skills**
- **Reflexes**
- **Solitary play**
- **Parallel play**
- **Cooperative play**
- **Moral Development**

ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):

- **CDTS (Diagnostic)**
- **Keystones (Summative)**
- **Formative assessments**
- **Classroom participation**
- **Classroom observations**
- **Teacher observation**

EVIDENCE OF MASTERY/Cut Score (Keystone Exam):

Students will show growth of their knowledge in Development with a final grade of 85% or better.

DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)

- **Appropriate accommodations based on the student's IEP/504 Plan**

RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):

- **Instructional videos**
- **Instructional you tube videos**
- **Worksheets/handouts**
- **Power Point presentations**
- **May vary based on class, availability and updates**

RESOURCE SPECIFIC VOCABULARY:

- **SAS**
- **Various teacher edition text books**

Wallenpaupack Area School District Curriculum	
COURSE: Family and Consumer Science 7th Grade	GRADE/S: 7
UNIT 2: Nutrition	TIMEFRAME: 10 classes

PA COMMON CORE/NATIONAL STANDARDS:
11.3.6.C Analyze factors that effect food choices.
11.3.6.D Describe a well-balanced daily menu using the dietary guidelines and the food guide pyramid.
11.3.6.E Explain the relationship between calories, nutrient and food input versus energy output; describe digestion.

UNIT OBJECTIVES (SWBATS):
Students will be able to determine the importance of nutrition and wellness as it relates to life long learning.
Students will be able to read and understand the Food Label.

- INSTRUCTIONAL STRATEGIES/ACTIVITIES:**
- Note taking
 - Homework
 - Cooperative learning
 - Peer interaction
 - Modeling
 - Active participation
 - Hands on learning

- ANCHOR VOCABULARY:**
- Nutrition
 - Nutrients
 - Calories
 - Malnutrition
 - Protein
 - Fats
 - Carbohydrates
 - Vitamins
 - Minerals
 - Calcium
 - Body composition
 - Energy balance
 - Eating disorders
 - Anorexia Nervosa
 - Bulimia Nervosa
 - Binge Eating Disorder
 - Dietary Guidelines
 - Body Mass Index (BMI)
 - MyPlate

ASSESSMENTS (Diagnostic/Benchmark/Formative/Summative):

- **CDTS (Diagnostic)**
- **Keystones (Summative)**
- **Formative assessments**
- **Classroom participation**
- **Classroom observations**
- **Teacher observation**

EVIDENCE OF MASTERY/Cut Score (Keystone Exam):

Students will show growth of their knowledge in Nutrition and reading Food Labels with a final grade of 85% or better.

DIFFERENTIATED INSTRUCTION (Remediation/Extension) (Process, Product or Content)

- **Appropriate accommodations based on the student's IEP/504 Plan**

RESOURCES (Websites, Blogs, Videos, Whiteboard Resources, etc.):

- **Instructional videos**
- **Instructional you tube videos**
- **Worksheets/handouts**
- **Power Point presentations**
- **May vary based on class, availability and updates**
- **Choosemyplate.gov**

RESOURCE SPECIFIC VOCABULARY:

- **SAS**
- **Various teacher edition text books**
- **Choosemyplate.gov**